

MARCH 2024

VOLUME 2 • ISSUE 11



ACCESS

Newsletter



INLAND REGIONAL CENTER



JOIN
ACCESS

SERVICE

ACCESS

EQUITY

TABLE OF *Contents*



Editor's Note -Community Partnership 06

Shining a Spotlight: Behind the Scenes with "OPTIONS FOR ALL" 07

Crafts & Chats Workshop 2024: Engaging Families in Interactive Learning 10

Ensuring Earthquake Safety and Support for People with Disabilities 12

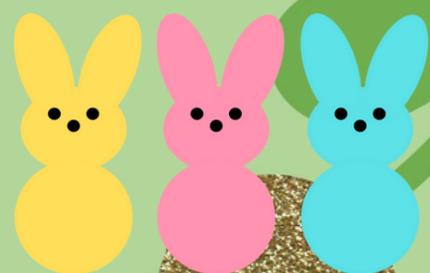
The Power of Communicating with Inland Regional Center 16

Recognizing Champions of Inclusion 20

Recognition: Knights of Columbus 21

Winner Winner Pizza Dinner? 22

Upcoming Events & Updates 24



Meet the Community Engagement Team



Monica Munguia

Manager - Community Engagement

✉ community@inlandrc.org



Estefania (Fania) Pena

Deaf and Hard-of-Hearing Cultural Specialist



Maria Isabel (Mari) Rodriguez

Cultural Specialist



Marquis Quinton

Emergency Services Coordinator (ESC)

Meet the Community Engagement Team



Ismeth Estrada
Consumer Support Technician I (CST I)



Gregory Harrison
Consumer Advocate



Stephen Donahue
Consumer Advocate



Tanialee Sanchez
Events Developer Outreach Specialist



George Gonzalez
Consumer Support Technician III (CST III)

Meet the Community Engagement Team



Martín Morales

Language Access and Cultural Competency (LACC) Specialist



Janera Valdez

LACC Bi-Lingual Consumer Service Technician (CST) III



Amalia Barcelo-Huizar

LACC Parent Ambassador – Spanish Riverside County



Steven Serrano Yopez

Community Relations Specialist



Charles (Chuck) Mason

ASL Facilitator



Editor's Note

Community Partnership

By Community Engagement

Dear IRC Community, as Helen Keller once said, "Alone we can do so little; together, we can do so much." At IRC, we understand the power of collaboration and the importance of community partnerships in achieving our mission.

In this edition of our March newsletter, we're thrilled to spotlight the significance of community partnerships. We'll be showcasing our valued collaboration with organizations like "OPTIONS FOR ALL," highlighting our engaging parent crafts & chat workshops where valuable information and resources are shared with our IRC parents on a monthly basis. In our featured blog post, we'll delve into the impactful work of "OPTIONS FOR ALL" as we prepare for our upcoming Service Access Equity Conference. Our IRC clients are actively involved in developing marketing materials, including reminder videos for the conference, showcasing their dedication and talent. Additionally, we'll celebrate the generosity of the "Knights of Columbus | Catholic Fraternal Organization," who recently supported IRC through a successful fundraiser and donation.

As we look ahead to 2024, we aim to strengthen our existing partnerships, forge new connections, and continue serving and supporting our IRC community alongside our dedicated partners. If you're interested in exploring partnership opportunities with IRC, please don't hesitate to contact us at community@inlandrc.org.

Thank you for your ongoing support and commitment to our shared mission of empowerment and inclusivity.



Shining a Spotlight: Behind the Scenes with



By Community Engagement Unit

Inland Regional Center is thrilled to showcase our meaningful partnership with "OPTIONS FOR ALL" in this month's newsletter for March. "OPTIONS FOR ALL" (OFA) stands as a beacon of support and opportunity for adults with intellectual and/or developmental disabilities (I/DD) across California. As a 501(c)3 nonprofit organization, OFA is dedicated to empowering individuals with I/DD to make choices that enhance their quality of life within their communities, fostering dignity and respect in every aspect of their journey.

Since its inception, "OPTIONS FOR ALL" has positively impacted over 1,500 consumers throughout California, including the vibrant community of San Bernardino. At Inland Regional Center, we deeply value collaboration and the power of partnerships in creating meaningful change. As we gear up for our highly anticipated Service Access and Equity Conference (SAE), we are honored to join forces with the San Bernardino office of "OPTIONS FOR ALL".



Our partnership with "OPTIONS FOR ALL" extends beyond mere collaboration; it embodies our shared commitment to service, accessibility, and equity. By pooling our resources and expertise, we are able to elevate our clients' experiences, allowing them to engage, showcase their skills, and thrive in a professional environment. This collaborative effort not only enhances our clients' opportunities but also reinforces the importance of inclusive practices in our community.

Tanialee Sanchez, our esteemed Event Developer Outreach Specialist, shares her enthusiasm for this partnership, emphasizing our collective goal of showcasing the incredible talent within our client community. She remarks, "We are excited to spotlight our clients' talents on stage and behind the scenes. "OPTIONS FOR ALL" has been an invaluable partner in helping us amplify the voices and abilities of our community."





We extend our heartfelt gratitude to the dedicated team members at "OPTIONS FOR ALL" who have contributed to developing our conference marketing materials. Their unwavering support and expertise have been instrumental in shaping the success of our upcoming SAE conference.

As a reminder, please mark your calendars for May 4th, 2024, as we gather at the Riverside Convention Center in Riverside for our SAE conference. This event is open to IRC parents, guardians, and clients aged 16 and older, offering an enriching array of workshops, a captivating client art show, and numerous engaging activities. For more information and to register, please visit our website at INLANDRC.ORG/SAE24. Together, let's embrace the spirit of advocacy and create a brighter future for all.





Crafts & Chats Workshop 2024: Engaging Families in Interactive Learning

By Amalia Barcelo-Huizar

Join us for our monthly Crafts & Chats workshops at Inland Regional Center, where IRC families gather on the third Tuesday of each month to engage in meaningful discussions and creative activities. These workshops provide a supportive environment for families to learn about helpful resources while participating in hands-on crafting projects.

In the first half of the year, our focus is on creating a homeschool task box, covering various subjects such as English, Geography, Math, and more. Additionally, we'll delve into essential life skills like Coping Skills, Breathing Exercises, and Emergency Preparedness. Each workshop is designed to be both educational and enjoyable, with activities tailored to engage both parents and children.

During our February workshop, we had fun creating an English Phonics envelope with a Rhyming Memory Match Game. In March, our attention will shift to Math Skills, followed by an Emergency Preparedness workshop in April where we'll be making Emergency ID cards.



These workshops offer parents an opportunity to connect and support one another in a casual setting. Families of consumers of all ages are welcome to attend, and parents are encouraged to bring their kids along.

Our goal is to inspire parents to create their own fun learning activities at home. From expression face guessing games to hashtag pattern games, the possibilities are endless. Parents can also design task envelopes focusing on various educational topics like math concepts, Inland Empire landmarks, household vocabulary, and more.

We look forward to seeing you at our upcoming workshops!

Crafts & Chats 2024 Location: IRC Conference Center 1425 S. Waterman Ave. – Aud. B San Bernardino, CA 92408

Upcoming Workshops:

- March 26th, 2024: 10:00 AM - 12:00 PM
- April 16th, 2024: 10:00 AM - 12:00 PM
- May 21st, 2024: 10:00 AM - 12:00 PM
- June 18th, 2024: 10:00 AM - 12:00 PM

For more information, please contact ahuizar@inlandrc.org



Ensuring Earthquake Safety and Support for People with Disabilities

By Community Engagement

Earthquakes are unpredictable natural disasters that can have devastating consequences. While everyone should be prepared for earthquakes, it's crucial to consider the specific needs and challenges faced by individuals with disabilities. This blog will explore earthquake readiness for people with disabilities and provide valuable tips on ensuring their safety and support during seismic events.

Understanding Unique Challenges: People with disabilities encounter distinctive challenges when it comes to earthquake preparedness:

1. **Mobility Impairments:** Individuals with mobility impairments may find it challenging to move quickly to a safe location or take shelter during an earthquake.
2. **Sensory Impairments:** Deaf or blind individuals may require alternative communication and notification methods during seismic events.
3. **Cognitive Impairments:** People with cognitive impairments may struggle to comprehend emergency instructions or respond effectively during a crisis.
4. **Medical Needs:** Individuals with medical conditions or those reliant on life-sustaining equipment may need specialized attention and resources during earthquakes.
5. **Communication Barriers:** Effective communication during an emergency is vital, but individuals with a disability may face barriers hindering their ability to convey their needs or receive assistance.



Preparing for Earthquakes: To ensure the safety and well-being of people with disabilities during earthquakes, it's essential to plan meticulously. Here are key steps to consider:

- **Develop a Personalized Emergency Plan:**

- Identify specific needs: Understand the unique requirements of the individual, including mobility aids, assistive devices, medications, and communication preferences.
- Establish a support network: Create a circle of trusted friends, family members, or caregivers who can provide assistance during emergencies.
- Create a communication plan: Ensure that the individual with a disability can effectively communicate their needs, especially if they have speech or hearing impairments.

- **Assemble an Emergency Kit:**

- Customize the emergency kit: Include essential items like medications, medical supplies, mobility aids, hearing aids, communication devices, and spare batteries.
- Maintain a written list (do not count on having the use of a smartphone) of essential contacts: Include contact information for healthcare providers, caregivers, Regional Center Service Coordinator and support networks in the emergency kit.

- **Secure the Living Environment:**

- Identify safe locations: Determine the safest spots within the home or workplace where a person with a disability can seek shelter during an earthquake.
- Secure heavy objects: Use anchors to prevent heavy furniture and objects from falling during tremors.

EMERGENCY PREPAREDNESS



MAKE A PLAN



BUILD A KIT



BE INFORMED

- **Practice Evacuation Plans:**

- Conduct drills: Regularly practice evacuation routes and procedures with the individual with a disability and their support network.
- Assess transportation options: Ensure accessible transportation is available for evacuation if required.

- **Stay Informed:**

- Subscribe to emergency alerts: Register for local emergency notification systems to receive real-time updates and alerts.
- Stay informed about news and weather updates, including earthquake forecasts and developments in your region.

- **Utilize Community Resources:**

- Connect with local disability organizations: These organizations often provide resources, support, and guidance for earthquake preparedness.
- Explore government assistance programs: Investigate programs that may offer financial aid or equipment to an individual with a disability during emergencies.

Preparing for earthquakes when you have a disability requires careful planning, effective communication, and a strong support network. By taking proactive measures to address the unique challenges faced by individuals with disabilities, we can ensure their safety and well-being in the event of an earthquake. Remember that preparedness is the key to resilience, and by working together, we can create a safer environment for all members of our community.

It's not a matter of if but when. Stay safe.

LISTOS CALIFORNIA EMERGENCY PREPAREDNESS TIPS

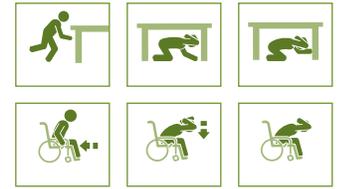


STAY SAFE IN EARTHQUAKES

Preparing for earthquakes and knowing what to do after one happens can save lives. Stay safe by being earthquake ready.

Before an Earthquake

- Practice DROP, COVER, and HOLD ON at home and work.
- Get life-saving seconds to stay safe before shaking starts by downloading and setting up alerts from California's Earthquake Early Warning system at earthquake.ca.gov.
- Secure loose and tall furniture to minimize damage or threat of injury.
- Have a Go Bag and shoes in a place that you can find quickly if you have to evacuate.



Protect Yourself During Earthquakes



- If inside, do not rush outside or stand in a doorway. Never use elevators! Remember, DROP, COVER, and HOLD ON.
- If in bed, stay there and COVER your head with a pillow.
- If outdoors, move away from anything that can fall, especially power lines, trees, street lights, and buildings.
- If driving, pull over and set the parking brake. Make sure you stop away from trees, bridges, buildings, or power lines.



Stay Alert After Earthquakes

- Be ready for aftershocks over several days or weeks. Whenever you feel shaking, DROP, COVER, and HOLD ON.
- Listen to local radio and TV programs for reliable emergency information and watch out for official emergency alerts.
- If near the coast, evacuate as soon as the shaking stops. Earthquakes can lead to tsunamis, and you should not return until there is an all clear announcement.
- Check for hazards around you, including gas leaks, downed power lines, ruptured pipes, and more. If you smell gas, evacuate everyone immediately.
- Do not enter damaged buildings! Wait until officials say it is safe, even if that means waiting at a shelter. Call your local or county authorities to find exit routes to the nearest shelter.





The Power of Communicating with Inland Regional Center

By Community Engagement

The Inland Regional Center (IRC) is a crucial asset that offers essential services and assistance to individuals with developmental disabilities and their families residing in San Bernardino and Riverside Counties. Although IRC's primary objective revolves around conducting assessments, ascertaining eligibility for services, and delivering case management support, it is paramount to recognize communication's significant role in connecting IRC with its clients, families, and the broader community. In this blog post, we will delve into the profound effects of effective communication within IRC, highlighting its impact on individuals' lives and its role in promoting inclusivity, comprehension, and collaboration.

Empowering Individuals and Families

IRC effectively utilizes various avenues of communication to empower individuals with developmental disabilities and their families. Through platforms such as social media, quarterly newsletters, our comprehensive website at inlandrc.org, the "Contact Us" feature, or our dedicated Community Engagement email at community@inlandrc.org, we establish and maintain open lines of communication. This commitment ensures that clients and their loved ones remain well-informed about the array of services, resources, and opportunities available to them.

By proactively engaging through these channels, IRC cultivates a sense of agency and autonomy among individuals with developmental disabilities. This empowerment enables them to make informed choices about their lives and futures, fostering self-determination and independence.



Also, throughout the year, IRC conducts listening sessions that empower clients and caregivers to communicate directly with our staff on a wide range of important issues. These discussions cover topics such as National Core Indicators (NCI) survey results, Purchase of Services (POS) Reports, Performance Contracts, numerous surveys, and Case Load Ratio to name a few. These listening sessions serve as a vital platform for open dialogue, ensuring that concerns, feedback, and insights from our Clients and their caregivers are heard and addressed effectively.

Furthermore, the avenues mentioned above for providing equitable feedback can help IRC tailor its services within the Lanterman Act framework to meet the community's unique needs and preferences. IRC can catalyze positive change within the Regional Center System of Care by actively listening to concerns, ideas, and aspirations.

When Clients and families feel that their voices are heard and valued, they are more likely to engage with IRC and actively participate in their own care plans. This collaborative approach leads to better outcomes and fosters a sense of partnership in the journey toward independence and self-determination.

Building Trust and Collaboration

Trust forms the bedrock of any successful relationship, and this principle extends to the bond between IRC and its Clients. Effective communication serves as the cornerstone for building trust, showcasing attributes like transparency, dependability, and an unwavering commitment to the well-being of individuals with developmental disabilities and their families. An essential component of this endeavor can be found on the “Accountability” page featured on inlandrc.org.

At IRC, we steadfastly uphold the highest standards of integrity and transparency while delivering services to our valued Clients. This interactive dashboard has been meticulously crafted in accordance with our Transparency and Access to Public Information Policy. Our overarching objective is to provide a platform that connects our Clients, their families, and the broader community with valuable insights into IRC's operational processes and financial management, all while addressing the diverse needs of our population.



The “Accountability” page serves as a gateway, offering information about how IRC conducts its operations and manages funds. It provides a comprehensive overview of our commitment to accountability and fiscal responsibility. Additionally, visitors to the page can access information about agencies that oversee IRC and advocate on behalf of our cherished Clients. This holistic approach to transparency strengthens our relationship with the community and reinforces our dedication to serving the best interests of those we support.

Fostering Inclusivity and Advocacy

Effective communication also plays a pivotal role in fostering inclusivity and advocacy within the community. By regularly engaging with the community, IRC can raise awareness about the challenges faced by individuals with developmental disabilities and promote acceptance and understanding. The Community Engagement Team participates in many events throughout the year, fostering open communication with the individuals we serve.

Moreover, when IRC communicates with local authorities, policymakers, and advocacy groups, it can effectively advocate for the rights and needs of its clients and their families. Through a collective voice, they can drive positive change in policies and practices that impact the lives of those with developmental disabilities.

Annually, IRC actively engages in Grassroots Day held in Sacramento, an event sponsored by the Association of Regional Center Agencies (ARCA). IRC assembles a diverse team for this occasion, including senior staff, managers, Client Advocates, Vendor representatives, a parent of an IRC Client, and the Client themselves. Grassroots Day offers an invaluable platform for Regional Center representatives to engage in productive dialogues with state senators and assembly members. During these discussions, the focus revolves around identifying and addressing challenges and concerns pertaining to the provision of regional center services.



Resolving Challenges and Providing Support

In life's journey, challenges are an inevitable part, and individuals with developmental disabilities and their families often encounter unique hurdles. Maintaining effective communication with IRC becomes a vital lifeline during these times. Whether you are seeking guidance, seeking clarification, or addressing concerns, Clients and their families can rely on IRC as a responsive and supportive resource.

To receive timely assistance, Clients and their families can connect with IRC via email using the "Contact Us" option on inlandrc.org or by sending their inquiries to community@inlandrc.org, especially when facing difficulties in establishing contact with their designated Service Coordinator. Rest assured, we aim to respond to these emails within 3 business days. To expedite the process, we encourage everyone using inlandrc.org to ensure their email details are entered correctly and that they have included the client's name, date of birth, and contact phone number.

In cases of urgency, the Manager of Community Engagement will ensure a swift response. Clients requiring assistance beyond regular hours and during weekends may call 909-890-3000 and follow the prompts to reach the duty program manager.

Conclusion

The power of communication with Inland Regional Center cannot be overstated. It is the linchpin that connects individuals with developmental disabilities, their families, and the community to a network of support, resources, and advocacy. Through open and empathetic communication, IRC empowers, collaborates, advocates, and supports, ultimately enhancing the quality of life for those it serves and contributing to a more inclusive society. In the journey towards empowerment and self-determination, IRC's commitment to communication is a beacon of hope for countless individuals and families.



"Recognizing Champions of Inclusion: IRC's Cultural Proficiency Employee Recognition Award Honors Those Who Make a Difference"

This award aims to celebrate individuals who embody the spirit of equal access to services and make a significant difference in our Clients' lives.

We invite parents, vendors, Clients, and community partners to participate each month by nominating outstanding IRC team members for this important recognition. The Client and Parent Advisory Committee will select the winners, ensuring a fair and transparent process.

The monthly winners will receive a well-deserved gift card and a coveted chance to win the ultimate prize: the Annual IRC Cultural Proficiency Employee Recognition Award.

The grand prize will be awarded at the end of the Fiscal Year (FY), highlighting one exceptional individual within our agency who consistently surpasses expectations and dedicates themselves to improving the lives of our valued Clients. The lucky recipient will be rewarded with a special gift provided by the LACC Team.

Furthermore, we are delighted to announce that all nominees will be invited to an exclusive end-of-FY luncheon, where they can engage with a distinguished keynote speaker. This event promises to celebrate excellence, unity, and the profound impact we can create together.

We extend an enthusiastic call to the community, including Community-Based Organizations, vendors, parents, and Clients, to actively participate in this inspiring initiative. Nominate a deserving candidate on social media throughout the month of July, and let's recognize and celebrate those exceptional individuals who go above and beyond to make a difference.

Please do not hesitate to contact us if you have any questions or require further information. Let's celebrate the champions of equal access and cultural competency within the IRC family!

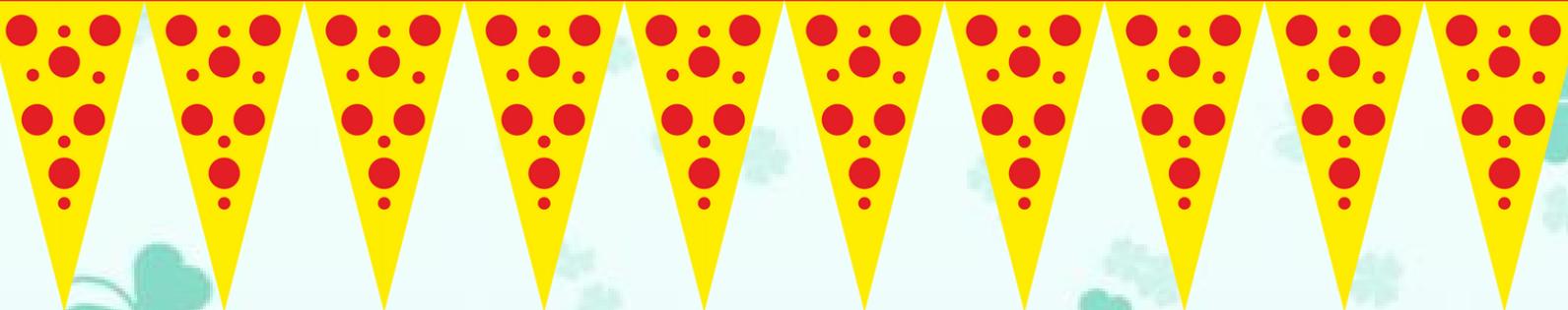


RECOGNITION

KNIGHTS OF COLUMBUS



Big shoutout to the Knights of Columbus for choosing Another Way as their recipient for this year's donation! Their continued support means the world to IRC and our clients. Andrea Gonzalez, Another Way Coordinator, expresses her gratitude for their generosity, highlighting how it will positively impact our vulnerable clients. Special thanks to James Duffy, Rod Ornelas, Javier Reyna Jr., Rudy Saldana, and Javier Reyna for their participation in the check presentation to Lavinia Johnson, IRC's Executive Director. Your support truly makes a difference



Winner Winner Pizza Dinner?

By Taniale Sanchez

In October of 2023, the Community Engagement Team organized a Staff Spooktacular event featuring a treat trial and costume contest. The costume contest featured categories such as Most Scary, Most Unique, and Best Unit. Individual winners were presented with spooktacular trophies, while the Best Unit category received a special prize of a CAC-sponsored Pizza Party to be enjoyed at their next unit meeting. Following the event, we had the honor of visiting the Brooke Chambers Unit, where the winning unit was able to enjoy their well-deserved reward.

The CAC representatives not only brought delicious treats but also gave a brief presentation on CAC-run events and Inland Regional Center-wide activities that CSCs can promote to their families. The CAC representatives were enthusiastic about meeting the dedicated CSCs who work with our exceptional IRC families. We encourage you to follow our social media platforms for updates on current and upcoming events in collaboration with IRC. For Regional Center employees, we recommend following us on social media or subscribing to our newsletter for the latest updates.

The Community Engagement team continuously works on new initiatives and looks forward to sharing our efforts with our families and stakeholders. Please take a moment to view photos from previous costume contests and watch for emails regarding the potential 2024 Staff Spooktacular event. We anticipate stiff competition this year and are excited to see the creativity on display.

Do you have a public event, conference, or resource you wish to reach a broader audience?

Send it our way and it may be featured in our digital calendar of events!



Check Out Our **GENERAL GUIDELINES**

1

Requests by outside agencies must be relevant to IRC

IRC's digital communications' primary function is to promote IRC's mission, message, and brand. Events or resources must be deemed relevant by IRC's Web Team and have approval from the Community Engagement Manager.

2

Send requests 30 days prior to the event

To ensure sufficient time for review, approval, and distribution, we only accept requests at least 30 days prior to the event's date.

3

Requests must be sent to community@inlandrc.org only

We only accept post requests through our Community Engagement Unit's email contact. Any requests sent through social media channels will not be accepted.

4

Make sure to include all details of the event/conference

Please make sure to include all relevant details of the event such as date, time, location, and contact information.

5

Send graphic/flyers in both English and Spanish

We ask for Spanish and English materials. All marketing material should be culturally sensitive and must promote inclusion of all ethnicities, race, and gender.

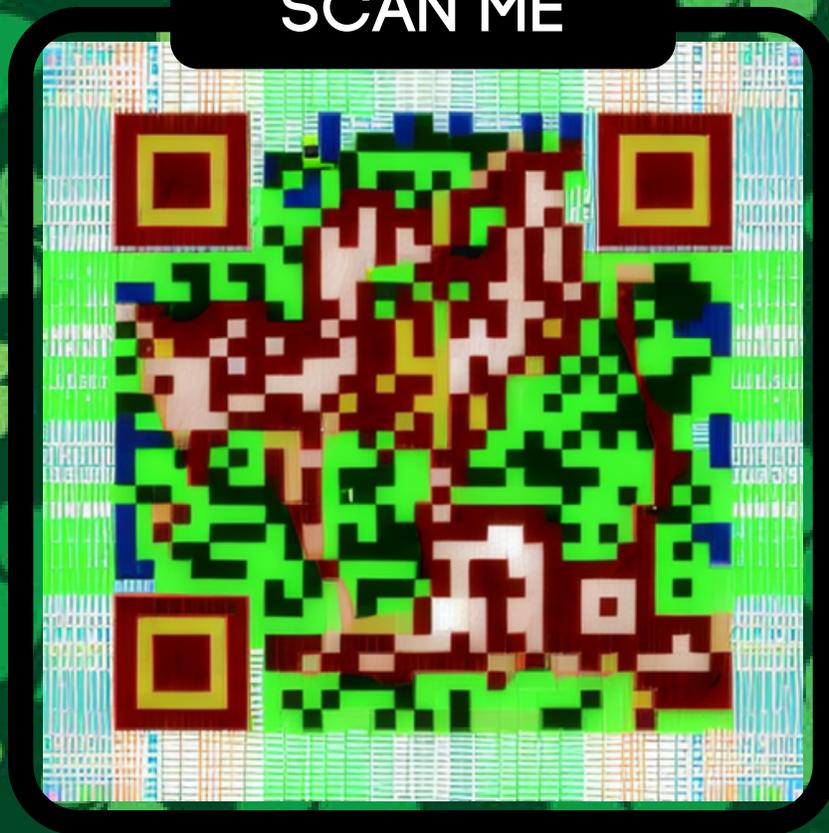
FOR MORE INFORMATION, CHECK OUR DIGITAL COMMUNICATION POLICY AT:

<https://www.inlandrc.org/wp-content/uploads/2023/08/IRC-Digital-Communications-Policy-Update-2023.pdf>



UPCOMING EVENTS

SCAN ME



DO YOU WANT TO STAY INFORMED ABOUT

UPCOMING EVENTS?

CHECK OUR DIGITAL CALENDAR!

www.inlandrc.org/calendar

IRC Social Recreation Survey 2024



Your input matters. We invite you to participate in the IRC Social Recreation Services Survey. This survey is designed for IRC families to provide feedback to DDS and IRC on the current Social Recreation program.

It's quick, mobile-friendly, and available in multiple languages. Share it with others.

Together, we can make a difference. Your participation is appreciated! Contact us for any questions at **community@inlandrc.org**.

Thank you!

IRC Social Recreation Survey 2024

English: <https://www.surveymonkey.com/r/SocialRec2024>



Spanish: <https://www.surveymonkey.com/r/SocialRec2024?lang-es>



American Sign Language (ASL): <https://www.videoask.com/In0enizge>



Vietnamese: <https://www.surveymonkey.com/r/SocialRec2024?lang-vi>



Tagalog: <https://www.surveymonkey.com/r/SocialRec2024?lang-tl>



Arabic: <https://www.surveymonkey.com/r/SocialRec2024?lang-ar>



Mandarin: <https://www.surveymonkey.com/r/SocialRec2024?lang-ar>





MAY THE ADVOCACY BE WITH YOU!

SERVICE ACCESS AND EQUITY CONFERENCE

A CONFERENCE FOR IRC PARENTS, GUARDIANS, AND CLIENTS AGES 16 AND OLDER

PRESENTATIONS WILL FOCUS ON:

**BIPOC, CLIENT ADVOCACY,
EARLY START, AND MORE!**

REGISTER NOW TO ENJOY:

- **INFORMATIVE WORKSHOPS**
- **CLIENT ART SHOW**
- **ENTERTAINMENT**
- **GALACTIC SURPRISES!**



FEATURING KEYNOTE SPEAKERS:

STEPHEN & VIRGO GARRETT
NASABA FAMILY SERVICES & CONSULTING, INC.

MAY 4, 2024

CONTINENTAL BREAKFAST AND LIGHT LUNCH PROVIDED.

9:00AM - 2:00PM

EVENT CHECK-IN BEGINS AT 8:30AM

LOCATED AT: **THE RIVERSIDE
CONVENTION CENTER**
BETWEEN MARKET STREET & ORANGE STREET

**3637 5TH STREET
RIVERSIDE, CA 92501**
FREE PARKING PERMITS WHILE SUPPLIES LAST.



FREE ADMISSION · REGISTER TODAY! SPACE IS LIMITED.

INLANDRC.ORG/SAE24



ASL INTERPRETATION
WILL BE PROVIDED.



In-Roads
Creative Programs, Inc.



24hour
home care®



Provided By:



Chasing 7
Dreams

Pamper My Baby

**A FREE WORKSHOP FOR PARENTS AND
CAREGIVERS OF BABIES 0-4 YEARS OLD**

**CHILDCARE PROVIDED
DIAPERS AND DEVELOPMENTAL TOYS PROVIDED**

Pamper My Baby is an educational program providing resources and support for healthy child development. Join us for training by a speech therapist, behavioral therapist, parent advocate and more.

Space is limited. Register today at Chasing7Dreams.org

March 6, 2024

Start @ 5:00p.m. - End @ 8:00p.m.

Zoom

Attend from anywhere!

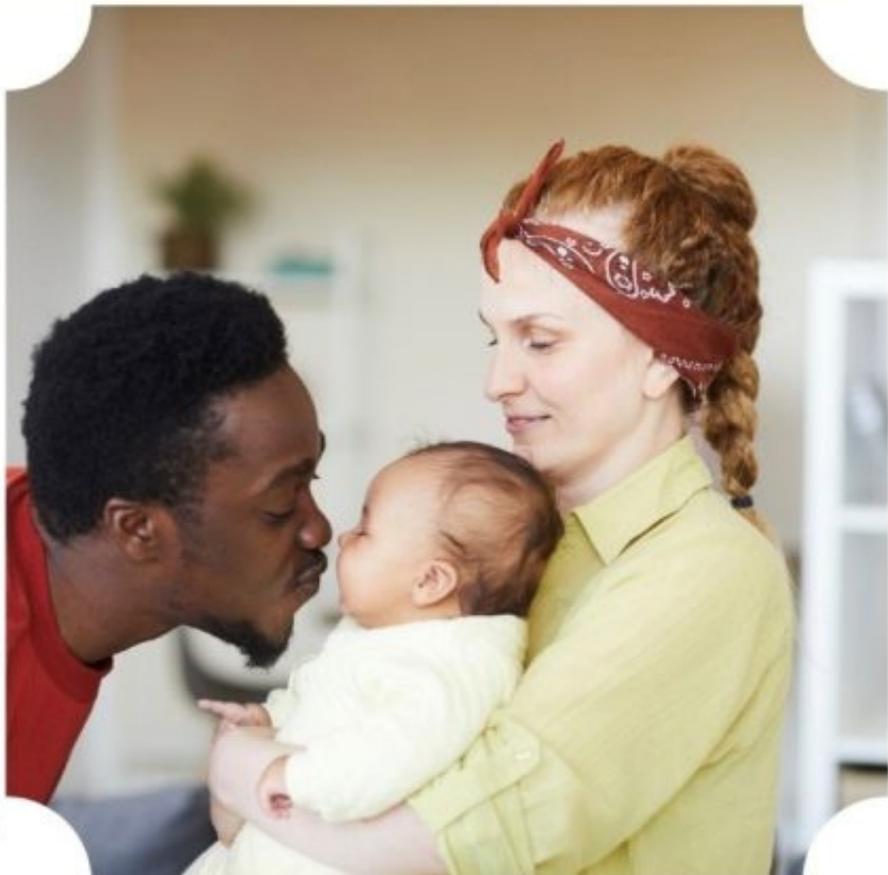
March 23, 2024

Start @ 10:00a.m. - End @ 1:00p.m.

Inland Regional Center

1365 S Waterman Ave

San Bernardino, CA 92408



**INFO@CHASING7DREAMS.ORG
877-774-7978**

IRC★CAC

Coffee Night



ASL Interpretation
available upon request.

Monday, March 25, 2024

5:00 - 7:00 PM

LOCATED AT IRC'S COFFEE-N-MORE COFFEE SHOP!



CAC MEETING

Enjoy a fun night with
friends and help plan
upcoming CAC Activities!

IRC CONFERENCE CENTER

1425 S. Waterman Avenue
San Bernardino, CA 92408



CAC Parent Activities

At every CAC event, parents are welcome to stay!

While our loved ones have their own space, parents can have a chat amongst ourselves close by, and have some fun too!

IRC will offer trainings on different topics, talk about available resources, and share experiences that help us on our journey.

IRC CAC meetings occur on the 3rd or 4th Monday of every other month. Check the IRC calendar for upcoming events!



www.inlandrc.org/calendar



For more information on parent activities,
Email community@inlandrc.org



If you should require language interpretation, including American Sign Language (ASL), please request by emailing community@inlandrc.org at least 14 days prior to the event.

INLAND REGIONAL CENTER PRESENTS

Silent Paint Night

CONDUCTED IN AMERICAN SIGN LANGUAGE

THURSDAY
MARCH 28, 2024
5:30 - 7:30 PM

IN-ROADS IMPACT
ARTS STUDIO

1040 NEVADA ST. SUITE 305
REDLANDS, CA 92373

- ALL MATERIALS INCLUDED
- GIFTS FOR THE FIRST 15 GUESTS
- SNACKS & REFRESHMENTS
- PARENT SOCIAL LOUNGE

FOR IRC CLIENTS
AGES 13 & UP
PLUS ONE GUEST

VOICE INTERPRETATION
AVAILABLE UPON REQUEST

TO REGISTER, VISIT [INLANDRC.ORG/SILENTPAINT](https://inlandrc.org/silentpaint)
OR SCAN THE FOLLOWING



In-Roads
Creative Programs, Inc.

FOR QUESTIONS OR LANGUAGE REQUESTS, CONTACT ASL@INLANDRC.ORG

SOCIAL RECREATION FOCUS GROUPS

WE INVITE YOU TO JOIN US FOR A SPECIAL FOCUS GROUP TO
DISCUSS SOCIAL RECREATION AND PROVIDE YOUR INPUT.

MARCH 13, 2024

ENGLISH 9:00-11:00 AM
SPANISH 5:00-6:30 PM

IRC CONFERENCE CENTER

1425 S. WATERMAN AVENUE
SAN BERNARDINO, CA 92408

MARCH 14, 2024

1:00-2:30 PM

CATHEDRAL CITY LIBRARY

33520 DATE PALM DRIVE
CATHEDRAL CITY, CA 92234



Autism Society
Inland Empire

**GAS CARDS
PROVIDED!**

While supplies last

REGISTER TODAY!

RSVP REQUIRED TO ATTEND



**FOCUS GROUPS IN-PERSON ONLY. SURVEYS TO FOLLOW FOR THOSE WHO CANNOT ATTEND
AND WOULD LIKE TO PROVIDE FEEDBACK. CONTACT EVENTS@IEAUTISM.ORG FOR DETAILS.**



LIFE AFTER HIGH SCHOOL FOR PEOPLE WITH DISABILITIES

Join us and learn about the main entities that provide free services for this stage of your life.

Call us to support you
in the process
323-221-6696; Ext 302

\$75.00

Agency Number
PJ4651

**Are you a parent or legal guardian
considering a guardianship?**

Don't miss the opportunity to learn about:

- **The 7 powers that make up guardianship**
- **Vocational services**
- **University services**
- **Community Resources and Services**

If your son/daughter is an Inland Regional Center consumer:

- 1. Call or email your service coordinator.**
- 2. You will need to give them the name and date of the event, as well as the agency number that appears on this flyer.**
- 3. Call or email Fiesta Educativa and let us know that you have already started contacting your service coordinator to reserve your spot.**

APRIL 30, 2024

9:00 am - 1:00 pm

**CONSULATE OF MEXICO
IN SAN BERNARDINO**

293 N D Street San
Bernardino, CA 92401

CONTACT US

323-221-6696 ext 302
cnavarro@fiestaeducativa.org

LIMITED TO 80
PARTICIPANTS

ASL interpreter available!



Coordinated Family Support (CFS)

Services Pilot Program

In June 2022, the State's Budget Trailer Bill for developmental services, SB 188 (Chapter 49, Statutes of 2022), added Welfare and Institutions Code section 4688.06, establishing the Coordinated Family Support (CFS) Services Pilot Program.



The CFS Pilot Program recognizes the right of adults with disabilities to reside in the family home. Also, the CFS Pilot Program acknowledges that adults with developmental disabilities and their families may need services tailored to their unique needs while creating a respectful atmosphere mindful of the family's language, ethnicity, and culture.

To discover more about the CFS Pilot Program, including informative fact sheets, helpful links, and engaging videos, visit our website:

www.inlandrc.org/cfs

Unlock valuable resources and insights today!

CURRENT CFS PROVIDER:



SO CAL BEHAVIORAL THERAPY

www.socalbehavioraltherapy.com

Phone: [\(909\) 466-9973](tel:(909)466-9973)

SCAN ME



**DO YOU HAVE STORIES
TO SHARE WITH US?**

Contact us at community@inlandrc.org

INLAND REGIONAL CENTER, COMMUNITY ENGAGEMENT

 **WHAT'S
YOUR
STORY?**





Inland Regional Center

www.inlandrc.org



Follow Us on Social Media



Let's Get Connected for Our Latest News & Updates



[@InlandRegionalCenter](https://www.instagram.com/InlandRegionalCenter)



[@InlandRegionalCenter](https://www.facebook.com/InlandRegionalCenter)



[@InlandRegional](https://twitter.com/InlandRegional)



[@company/inland-regional-center](https://www.linkedin.com/company/inland-regional-center)



**Inland
Regional
Center**

1365 SOUTH WATERMAN AVENUE ·
SAN BERNARDINO, CA 92408

www.inlandrc.org