BARSTOW:
Free support, information and resources for Barstow families raising children with any Autism Spectrum Disorder. For more detail, contact Amber Woods, 760.910.1023.

COACHELLA VALLEY AUTISM SOCIETY
Support group meetings held the 2nd Thursday of each month at the Kids Party Central facility, 82740 Atlantic Ave, Indio (Jackson off ramp from I-10) from 6 until 8 p.m. RSVP if you need child care.

Contact John at the ASA Family Resource Center at 760.772.1000 for more detail on both groups.

CORONA:
TACA (Talk About Curing Autism) meets every 3rd Saturday at 1:30 p.m. at Crossroads Christian Church, London Institute Room, 2331 Kellogg Ave., Corona. Childcare not offered. For more details or contact information, visit http://www.tacanow.org/local-chapters/west/california/inland-empire/

TACA also hosts a coffee talk/playdate on the 3rd Wednesday of the month beginning at 2:30 p.m. at the Park at Dos Lagos Shops of Corona, 2780 Cabot Dr., Corona. For more info, go to www.tacanow.org.

INLAND EMPIRE AUTISM SOCIETY
Offers parent-to-parent support as needed through the phone or web in English, Spanish or Arabic.
Telephone: 951.220.6922
Web Site: www.ieautism.org

RANCHO MIRAGE:
TACA (Talk About Curing Autism) hosts a coffee talk/playdate on the 2nd Thursday of the month beginning at 10 a.m. at the Clark’s Nutrition and Natural Food Store (in the cafe area), 34175 Monterey Ave., Rancho Mirage. For more info, go to www.tacanow.org.

REDLANDS:
Parent support group for parents of young children with Down Syndrome from birth to 5 years. Meetings are held the 2nd Tuesday of the month. For more information or to RSVP, call 951.696.1486 or e-mail, DSChildren@verizon.net.
Web site: http://web.me.com/dschildren/temecula

TEMECULA:
Parent support group for parents of young children with Down Syndrome from birth to 5 years. Meetings are held the 2nd Tuesday of the month. For more information or to RSVP, call 951.696.1486 or e-mail, DSChildren@verizon.net.
Web site: http://web.me.com/dschildren/temecula

WEST END:
UP FOR DOWN meetings held on the 4th Thursday of each month except November & December which meet on 3rd Thursday due to holidays) from 6:30 pm - 8:00 pm at Casa Colina, 255 E. Bonita Ave., Pomona. Refreshments and child care provided. Contact Carol Anten, 909.268.6344, for more information.

BARSTOW:
Free support, information and resources for Barstow families raising children with any Autism Spectrum Disorder. For more detail, contact Georgia Villalobos, 760.910.1023.

COACHELLA VALLEY AUTISM SOCIETY
Support group meetings held the 2nd Thursday of each month at the Kids Party Central facility, 82740 Atlantic Ave, Indio (Jackson off ramp from I-10) from 6 until 8 p.m. RSVP if you need child care.

Contact John at the ASA Family Resource Center at 760.772.1000 for more detail on both groups.

CORONA:
Down Syndrome Association Riverside County West. Serving families with children and adults with Down Syndrome through support, social events, and educational programs. Contact Lindsey, 951.314.3937, for more information.

HEMET:
A telephone support group for families of children with Down Syndrome. Contact Person: Adele Cox, 951.852.1054.
Web Site: www.dsaie.org

RIVERSIDE:
Pediatric Therapy’s Up & Movin meets on the 4th Friday of each month at 6180 Brockton Ave., Suite 102, Riverside from 10 a.m. until noon. Families and siblings are welcome. Call if you have questions, 951.694.6500.
ALL DISABILITIES

BLYTHE:
1) K.A.R.E. (Kids Are Ready 4 Education) Contact Carmela Garnica for details -- 760.922.2582

2) Parent support group which meets on a quarterly basis (February, May, August and November) at Sheltering Wings, 9496 Hobsonway, Blythe. Contact Olie Johnson at 909.890.3071 for more detail.

CHINO:
Educate Advocate sponsored parent support group meets the 3rd Saturday of the month to share concerns and get information and feedback from other parents. Meets at To The Pointe Dance Productions, 14058 Euclid Ave Suite A, Chino. Contact Linda Higgins, (909) 525-0763 or by e-mail: luff2sail@aol.com.

COACHELLA VALLEY:
The Grandparent Raising Grandchildren Support Group is for grandparents raising their grandchildren. It meets on the 2nd Tuesday each month at Cathedral Senior Center, 37171 W. Buddy Rogers Dr., Cathedral City. RSVP is required. For more information call 951.791.3594.

CORONA:
CROSSROADS DISABILITY MINISTRY offers a Wednesday night Bible Study and a Saturday program which includes activities such as dances, camping, etc. The Crossroads Church is located at 2331 Kellogg Ave., Corona. For more information, contact Jennifer Felix, 951.737.4664, for details.
Web site: www.CrossroadsChurch.com

CORONA:
FETA (From Emotions to Advocacy) is a special education group that meets on the 2nd Tuesday of each month (except July, August & December) at Peppermint Ridge, 825 Magnolia Ave., Corona. For more detail, contact Michelle Estrada, 951.688.5141. Contact person: Michelle Baldwin, 951.688.5141. x225.

HIGH DESERT:
The V.I.P CONNECTION coordinates events and get together for families throughout the year. For more information, contact either Gina Rendleman, 760.949.2542, or Kim Schwing, 760.900.4399 for details. Play Group Ages 0-8 -- if interested, please call Gabby Vargas, 760.961.2999.

POINT OF CONNECTION is a support and advocacy group for parents of children with special needs. Monthly meeting on the 1st Monday of each month at 6 p.m. at the Victorville Activities Center, 15075 Hesperia Rd., Victorville. Child care is available. Contact Betty Carrillo for more details, 760.605.8598.

MURRIETA/TEMECULA:
SPECIAL CONNECTIONS of Murrieta / Temecula meets to discuss education and health issues, social integration and other topics. Monthly meeting and other social activities throughout the year. Contact Maryann Zamaas at 951.699.9852 for dates and times.

MURRIETA/TEMECULA:
A telephone support group for PARENTS WITH CHILDREN OF TRANSITION AGE (18-33). For more detail, contact Michelle Estrada, 951.672.7335.

ONTARIO:
Sponsored by Helping Hands. The Kinship Caregiver Support Group is for grandparents, aunts, uncles, brothers and sisters who care for the child of a family member. This group meets every Tuesday from 10 am - 12 pm at the Helping Hands office located at 316 East E St., Ontario. For more information, call 909.886.9710.

ONTARIO:
Sponsored by Early Start Family/Infant program. This group is for loved ones of children birth to age 5 with special needs. This group meets at the Live Oak Early Education Center, 2547 E. Riverside Dr., Ontario on either the last Thursday of the month from 10:30 am - 11:30 am or on the last Friday of the month from 11 am - 12 pm. For more information, call Isabel Schnaper or Karen Laureta at 909.923.6017.

RANCHO CUCAMONGA:
EducateAdvocateca meets on the 2nd Friday of each month at 7:30 p.m. at the Community Baptist Church, 9090 19th Street, Rancho Cucamonga.
RSVP by e-mail: educateadvocateca@educateadvocateca.com
Web Site: http://educateadvocateca.com

PVRLDA (Pomona/Valleyn Inland Learning Disabilities Association) meets the 3rd Thursday of each month at the Rancho Cucamonga Central Park, 11200 Baseline Rd., Rancho Cucamonga to provide information and education for parents and professionals. Contact Pam at 909.980.0592 for details - e-mail PVRLDA@aol.com

South Coast Community Services (SCCS) Parents Helping Parents.
Parents supporting, educating and encouraging each other. Child care & refreshments will be provided along with fun activities. For more information, call Ronda Melendrez at 909.793.1259.

RIVERSIDE:
MY PLAY CLUB meets at the Fairmount Park Universally Accessible Playground on the 3rd Saturday of each month for lots of fun and games. The ARC Riverside-sponsored club is designed to promote inclusion and break down barriers. Contact person: Michelle Baldwin, 951.688.5141. x225.
Register online: http://arcriverside.org/myplayclub.html

SAN BERNARDINO:
MOMS EMPOWERING MOMS
Share your experiences and get the best advice from other IRC Moms who have been there too. Meetings will take place at the IRC Conference Center, 1365 S. Waterman Ave., San Bernardino in a comfortable environment where you can relax, enjoy yourself and make new friends. Contact Jerri Carpinleyero at 909-855-8232, jerricurles@yahoo.com, or Christine Jenkins at 909-269-3334, d.christine9195@yahoo.com.
WHEN: 1st Tuesday of each month from 6 pm - 7:30 pm
WHEN: 1st Tuesday of each month from 6 pm - 7:30 pm except for breaks in July and December

TEMECULA:
GO BANANAS! offers weekly playdates for all ages and disabilities, monthly speakers that cover topics important to special needs families and more. Contact Go Bananas! by telephone, 951-440-5478, or go to their web site, http://www.gobnnas.com.

S.K.I.P. - Supportin g Parents Involved in Children's Education
SKIP is a program designed to provide opportunities for enrichment, recreation and play, and parent education and support. Program offers children under the age of 6 with special needs activities that enhance sensory, social, and cognitive skills. While children learn and grow, parents and caregivers interact with others who understand what it is like to raise a child with special needs. Pre-registration is required. For special accommodations, call (951) 694-6480. Fee: $1/person (All family members in attendance must be registered).
**EPILEPSY**

**MURRIETA/TEMECULA:**  
A monthly support group for parents of children with epilepsy and adults with epilepsy. Meets the 2nd Friday of each month from 6:30 P.M - 8 P.M. Please call Kristen or Andy Harvey for location and directions, 951.834.3048.

**RIVERSIDE/CORONA:**  
A monthly support group for parents of children with epilepsy and adults with epilepsy. Meets the 1st Friday of each month from 6 P.M - 7:30 P.M. Please call Luana for location and directions, 951.281.9892.

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**ANGELMAN SYNDROME**

Telephone support for parents of children with Angelman Syndrome. Contact Kristy Rivera, 951.737.2108 for more information.

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**AUGMENTATIVE AND ALTERNATIVE COMMUNICATION (AAC)**

**2ND SATURDAY OF EACH MONTH -- 12:15pm until 1:45pm**  
WHERE: Murrieta Community Center, 41810 Juniper St., Murrieta

If you or your child uses a letterboard, Go-Talk, Dynavox, Ipad, pecs or other AAC device to communicate, come and join the Autism Society Inland Empire for an AAC social! If you have any questions or plan on attending please RSVP to Kelly Londenberg at (951) 678-8666 or by e-mail, autismtoday@aol.com.

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**DRUG OR ALCOHOL EXPOSED**

**COLTON:**  
**MAKING A DIFFERENCE.** Support group for foster parents, adoptive parents and caregivers of drug and alcohol exposed children, regardless of current (or lack of diagnosis). Meetings are held on the 4th Thursday of each month at MaDA Connection Center East: 1430 E. Cooley Drive, Ste. 111, Colton from 6:30 - 8:30 P.M. Child care is provided by reservation only. Contact the support group leader, Tammy DeHesa, at 909.420.0413 for more detail. (www.themakingadifferenceassociation.org)

**ONTARIO:**  
**MAKING A DIFFERENCE.** Support group for foster parents, adoptive parents and caregivers of drug and alcohol exposed children, regardless of current (or lack of diagnosis). Meetings are held on the 3rd Wednesday of each month at West Valley SART, 814 North Euclid Ave., Ontario from 9:30 A.M. - 11:00 A.M. Child care is not provided. Contact the MADA Parent/ Caregiver Support Group at 909.988.2020 for more detail. (www.themakingadifferenceassociation.org)
OPEN DOORS is a parent/caregiver support group developed by Behavioral Health. CHILD CARE IS AVAILABLE.

Riverside: Contact Lisa Guynn at 951.358.6858 for details
Murrieta: Contact Valai Brown at 951.358.6858 for details.
San Jacinto: Contact Alicia Arredondo at 951.487.2674 for details.


MENTAL ILLNESS WITH DEVELOPMENTAL DISABILITY

ASPERGER’S / HIGH FUNCTIONING AUTISM

RANCHO CUCAMONGA:
OPEN DOORS NOW is an education and support group for families affected Asperger’s / high-functioning autism. Meetings held the 1st Thursday of every month. No children allowed at Open Doors meetings. For more information, visit www.opendoorsnow.org or e-mail czupke@opendoorsnow.org.