



# INLAND REGIONAL CENTER

*Enhancing Lives*

**...valuing independence, inclusion and empowerment**

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June 1, 2018

To: Medi-Cal insured consumers

Re: Transition of Behavioral Health Treatment (BHT) Services from Regional Center (RC) to Medi-Cal Managed Health Plans (MCPs).

Effective November 17, 2017, Medi-Cal Managed Care Plans (MCPs) are required to cover and coordinate all medically necessary BHT services for beneficiaries up to age 21, regardless of diagnosis, as an Early and Periodic Screening, Diagnostic, and Treatment benefit. BHT is defined as including applied behavioral analysis (ABA) and other evidence-based behavioral intervention services that develop or restore, to the maximum extent practicable, the functioning of a beneficiary.

Behavioral intervention services, including but not limited to BHT, and other Medicaid services are currently provided under Medicaid 1915 (c) and (i) waivers through a system of Department of Developmental Services (DDS)/Regional Centers (RC) to individuals that meet eligibility criteria for RC services. The Department of Health Care Services (DHCS) is transitioning responsibility for BHT services from the DDS/RC system to Medi-Cal fee-for-service and Medi-Cal managed care in July 2018.

Inland Regional Center (IRC) is entering in to a Memorandum of Understanding (MOU) with the Inland Empire local Medi-Cal MCPs, which are Inland Empire Health Plan (IEHP) and Molina Health Care. The purpose of the MOU is to perform care coordination and information exchange activities when Medi-Cal beneficiaries are accessing medically necessary BHT services. This MOU addresses both new referrals for BHT and clients/beneficiaries receiving BHT when funding for this service is transitioning from IRC to the Inland Empire local Medi-Cal MCPs, IEHP and Molina Health Care.

During this transition period, your Medi-Cal MCP will be requesting documents from us regarding your family member. W.I.C. 4514 (c) allows IRC to disclose information and records, to the extent necessary, for a claim or application to be made on behalf of a person with a development disability for aid, insurance, government benefit or medical assistance to which he or she may be entitled. The Medi-Cal MCP may request documents, reports or assessments generated by IRC or outside agencies such as: ABA vendor records, School generated documents, Individual Education Plan (IEPs), medical documents and/or specialist documents, Occupational (OT), Speech (ST) and/or Physical Therapies (PT) records that IRC may have as part of your family member's file.

You will be contacted by your Medi-Cal MCP shortly and prior to your transition month. If you have any questions, please feel free to call IRC at (909) 890-3000 and ask for your Consumer Services Coordinator.

Sincerely,

Felipe J. Garcia M.A. BCBA, CRC  
Director of Children and Transition Services