



**inclusion.
independence.
empowerment.**

INLAND REGIONAL CENTER

Inland Regional Center (IRC) is one of 21 Regional Centers in California and is mandated through the Lanterman Act to coordinate the services for individuals with developmental disabilities. This private, non-profit corporation contracts with the Department of Developmental Services to serve both San Bernardino and Riverside Counties.

Enhancing Lives of People with Intellectual and Developmental Disabilities Since 1971

P.O. Box 19037, San Bernardino, CA 92423-9037 | 1365 South Waterman Ave., San Bernardino, CA 92408 | 909.890.3000 | inlandrc.org

INLAND REGIONAL CENTER

Early start: 0-3 yrs

- Early Intervention & Prevention
- IFSP (Individual Service Plan)
- At Risk Services
- Family Resource Network

School age: 3-15 yrs

- Inclusion
- Family Supports
- Educational Advocacy

Transition: 16-22 yrs

- Relationships
- Preparation for Adulthood
- Career Information & Job Search
- Advanced Learning

Adult: 23-57 yrs

- Work
- Community Inclusion
- Intimacy & Relationships
- Different Living Options
- Health and Safety

Senior ages: 57+ yrs

- Retirement
- Senior Fun & Lifestyles
- Medical Care & Skilled Nursing
- Volunteer Work

Residential options

- Living with Your Family
- Supported & Independent Living
- Foster Family Agency
- Adult Family Care Agency
- Board and Care

Who Is Eligible for Regional Center Services?

A person is eligible if they have a substantial developmental disability that starts before the age of 18 and will probably continue indefinitely. This includes intellectual disability (ID), cerebral palsy, epilepsy, autism and disabling conditions similar to ID that require similar treatment. Disabling conditions that are exclusively physical, psychiatric or solely a learning disability are not eligible for services.

For those younger than 36 months, the developmental delay must be at least a 33% delay in one developmental area; or an established risk condition when an infant/toddler has a condition of known etiology which has a high probability of resulting in developmental delay; or a high risk condition for an infant/toddler that has a combination of two or more biomedical factors, i.e., prematurity, multiple congenital anomalies.

How Do I Apply For Services?

A parent, guardian, conservator, or a person over 18 with a developmental disability will contact an Intake Coordinator. After answering questions to establish possible eligibility, they will receive a packet of information with forms that must be completed and returned to IRC. For San Bernardino County call (909) 890-3148 and for Riverside County call (951) 826-2648.

To apply for Early Start services for San Bernardino County call (909) 890-3148 and for Riverside County (and Spanish speaking) call (951) 826-2648.

What Can I Expect Next?

You will meet with an Intake Coordinator, and other appointments such as medical and/or psychological evaluations may be scheduled. If you are eligible, a Consumer Services Coordinator (CSC) or Infant Service Coordinator (ISC) will be assigned based on your age and location. If you are not eligible, a referral may be made to an appropriate agency and/or a copy of the appeals procedure will be given to the family.

Who Will Help To Identify My Needs & Preferences?

After eligibility is determined, a CSC will contact you and assist with developing the Person Centered Individual Program Plan (IPP). This is a very important document so ask your CSC for detailed information on the IPP.

Most supports and services for the developmentally disabled are provided naturally by families, friends, and community members. Others are provided by agencies directed to serve the public and are called "generic services". As a last resort, services are purchased as needed by IRC from a contracted provider.

For more information visit our website at www.inlandrc.org or call (909) 890-3000. Our main office is located at 1365 South Waterman Ave. San Bernardino, CA 92408.