

## Inland Regional Center Common Services and Descriptions

| Service Offered by Regional Center                          | Service Description   | Ages 0-3 | Children's Services | Adult Services |
|---|---|----------|---------------------|----------------|
| <b>Adult Day Centers/Programs</b>                           | <p>There are several options for Adult Consumers to go to during the day. In these programs, Adult Consumers learn new skills, socialize, and have their care needs met. Some of these programs may specialize in various care needs such as:</p> <ul style="list-style-type: none"> <li>• Community Integration</li> <li>• Creative Arts</li> <li>• Health Care Needs</li> </ul>   |          |                     | ✓              |
| <b>Behavior Management Services *</b>                       | Services that provide a variety of health care professionals to address behavioral challenges in various settings.  | ✓        | ✓                   | ✓              |
| <b>Client/Parent/Support Behavior Intervention Training</b> | Services to train the Consumer's support system that assists the Consumer to improve his/her behavior.  | ✓        | ✓                   | ✓              |
| <b>Crisis Team – Evaluation and Behavioral Intervention</b> | Crisis support teams who can mobilize in the community when a Consumer is in short-term behavioral crisis.  |          | ✓                   | ✓              |
| <b>Durable Medical Equipment *</b>                          | <p>Special medical equipment and medical related supplies for Consumers' medical care needs. These products may include the following:</p> <ul style="list-style-type: none"> <li>• Diapers</li> <li>• Eyewear and hearing supplies</li> <li>• Mobility equipment such as walkers and wheelchairs</li> <li>• Nutritional supplies</li> <li>• Orthotics and prosthetics</li> <li>• Positioning and adaptive equipment</li> </ul>               | ✓        | ✓                   | ✓              |
| <b>Early Start Therapeutic Services</b>                     | Services focused on the therapeutic needs of children ages 0-3 years.   | ✓        |                     |                |
| <b>Employment Programs</b>                                  | <p>There are several services that focus in the areas of helping adult Consumers obtain employment. There are various levels of supports to meet a Consumer's employment needs. Some of the employment services may include the following:</p> <ul style="list-style-type: none"> <li>• Day programs that offer employment and training</li> <li>• Group-Focused Employment Services</li> <li>• Individualized Employment Services</li> </ul> |          |                     | ✓              |
| <b>Family Home Agency</b>                                   | Certified family homes where Consumers reside. The family helps Consumers with day-to-day care needs and includes them in family activities.  |          |                     | ✓              |

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| <b>Health Care Facilities</b>        | Facilities that provide skilled nursing services and inpatient care to Consumers who would not be able to live on their own or in a care home due to the severity of their care needs.   | ✓        | ✓                   | ✓              |
| <b>Housing Support Services</b>      | Services may be provided to Consumers to assist them with living on their own. Some of these services may include: <ul style="list-style-type: none"> <li>• Accessibility Services</li> <li>• Payee Services</li> <li>• Parenting Support Services</li> </ul>  |          | ✓                   | ✓              |
| <b>Increase Community Access</b>     | Regional centers can help Consumers become independent by learning how to drive or help with modifying vehicles to fit their needs. Some of these services may include: <ul style="list-style-type: none"> <li>• Vehicle Modification</li> </ul>   |          | ✓                   | ✓              |
| <b>Independent Living Services</b>   | Functional skills training for Adult Consumers to acquire or maintain skills to live independently in his or her own home. Services may be provided in the home of a parent, family member, or other person.   |          |                     | ✓              |
| <b>Infant Development Services *</b> | Services designed to aid in the developmental needs of children ages 0-3 years.  | ✓        |                     |                |
| <b>Mobility Training</b>             | Services to help Consumers learn to use public transportation in their community. This can help increase independence in the community.  |          |                     | ✓              |
| <b>Out-of-Home Respite Services</b>  | Services that provide a break to the family or caregiver from the daily care needs of a Consumer. This respite occurs outside of the family home.  |          | ✓                   | ✓              |
| <b>Pharmaceutical Services *</b>     | Services that allow regional centers to purchase medications for Consumers when they are unable to access health care insurance.   | ✓        | ✓                   | ✓              |
| <b>Residential Care Homes</b>        | Care homes that provide a safe place for Consumers to live. They are licensed homes that have 24-hour support staff. There are several different kinds of care homes that support the unique needs of each Consumer. Some of these homes may include: <ul style="list-style-type: none"> <li>• Behavioral care needs</li> <li>• Children and Adult care homes</li> <li>• Elder care needs</li> <li>• Medical care needs</li> </ul> | ✓        | ✓                   | ✓              |

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| <b>Respite Services – In-Home</b>      | Services provided in the family home that enable a caregiver or family member to take a break from the daily care needs of the Consumer.  |          | ✓                   | ✓              |
| <b>Self-Determination</b>              | Program options for child and adult Consumers that provide freedom, control, and responsibility in choosing services and supports to help meet their needs.   |          | ✓                   | ✓              |
| <b>Specialized Transportation</b>      | Regional centers offer a variety of options to help Consumers access the community when they are unable to do so on their own. Some of these options may include: <ul style="list-style-type: none"> <li>• Family member paid transportation</li> <li>• Non-medical transportation</li> <li>• Public transportation, such as a city bus</li> </ul>  | ✓        | ✓                   | ✓              |
| <b>Supplemental Program Supports</b>   | Additional staff that are added to a Consumer's support system when they are in crisis or need additional supports to continue using the services they are receiving. These services are typically in place temporarily until the Consumer is no longer in need. These supports may be used in the following areas: <ul style="list-style-type: none"> <li>• Community</li> <li>• Day Program</li> <li>• Residential</li> </ul> |          | ✓                   | ✓              |
| <b>Supported Living Services</b>       | Services provided to Consumers who live on their own who may need up to 24-hour support.  |          |                     | ✓              |
| <b>Therapies *</b>                     | Regional centers can provide therapies specific to Consumers' specialized needs. These therapies may include: <ul style="list-style-type: none"> <li>• Occupational Therapy</li> <li>• Physical Therapy</li> <li>• Speech Therapy</li> </ul>  | ✓        | ✓                   | ✓              |
| <b>Translator/Interpreter Services</b> | Services to help Consumers and their families communicate when they speak a language other than English.  | ✓        | ✓                   | ✓              |

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