



Volume 1 • Issue 2

ACCESS

Newsletter

SEPT. 2022

HISPANIC HERITAGE MONTH



Deaf

Awareness
Week
SEPT. 19-25



Read more on our website
www.inlandrc.org

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Meet the Community Engagement Team



CJ Cook
Manager- Community Engagement
✉ community@inlandrc.org



Estefania (Fania) Pena
Cultural Specialist, Deaf and Hard of Hearing



Maria Isabel (Mari) Rodriguez
Cultural Specialist



Marquis Quinton
Emergency Services Coordinator (ESC)



George Gonzalez
Consumer Support Technician III (CST III)

Meet the Community Engagement Team



Ismeth Estrada
Consumer Support Technician I (CST I)



Gregory Harrison
Consumer Advocate



Stephen Donahue
Consumer Advocate



Cody Williams
Consumer Advocate



Martin Morales
Community Relations Specialist



Editor's Note

An opportunity to Establish a Foundation for Productive Connections

By Community Engagement

The Merriam-Webster definition of communication as “a process by which information is exchanged between individuals through a common system of symbols, signs, or behavior,” is the most often used term. But we take a slightly more in-depth view. Inland Regional Center (IRC) views communication as an act of kindness; a path of love that promotes connection through a shared language; one where respect, similarity, cultural appropriateness, and equity are at the forefront. We see communication as an opportunity to establish a foundation for productive connections.

Disparities and barriers come in a variety of forms that we might recognize. From economic opportunities to language, transportation, and service access, to mention a few, to education and equal opportunities to express our opinions and positively impact policy. There is not an easy formula to address these disparities, as there is no simple solution to address them. But we can make honest efforts

to change towards progress in those areas. One of them is focusing on effective communication.

At IRC, we value feedback and consider it. We are aware that only via efficient communication will we be able to uphold the spirit of the Lanterman Act and provide for the needs of our clients. For this reason, we continuously seek your comments and strive to have better lines of communication with you, our client. We recognize that to experience the same level of connection that other IRC community members already enjoy, members of our Deaf and Hard-of-Hearing community need a point of contact. We are working to create new methods of communication to stay connected. Because of this, we are working to support the expansion of deaf service resources, including communication initiatives.

Through the analysis of Purchase of Service data, IRC's Deaf and Hard of Hearing Cultural Specialist collaborates with other staff members to improve information dissemination to stakeholders, families, vendors, IRC's Executive team, and staff.



We seek to improve the effectiveness of our communication with the Deaf and Hard-of-Hearing community. As a result, we are searching for ways to enhance our communication methods as part of those efforts.

In September 2022, the month we observe Deaf Awareness Week, we launched fresh initiatives to improve how information is communicated to our clients. As our Deaf and Hard-of-Hearing community needs grow, so will the amount of content and resources we produce and share through our social media and website channels. As we work to enhance communication and remove obstacles to service access, we ask for your support. With your success, we prosper. We want to see you on the path to success!

Inland Regional Center, Community Engagement



I N C L U S I O N

The Pursuit of Happiness: Accessibility for All

By Community Engagement



Technology in its many forms is constantly evolving, and accessibility is often treated as an afterthought in an increasingly technological world. For instance, we find differences in price and features between vehicles available to the general consumer. Whether it's doors that are too small to fit a wheelchair or seats that are either too low or too high or have limited movement, there are limited accommodations for people with disabilities. Although there are options for modifying a car, the hefty expense of doing so makes it prohibitive in many cases. In general, it's understandable that businesses want to make money, but there might be a compromise—or better yet, designers of new technology should put accessibility first.

But what is accessibility?

Cambridge dictionary offers three definitions for this concept:

1. the fact of being able to be reached or obtained easily
2. the quality of being able to be entered or used by everyone, including people who have a disability
3. the quality of being easy to understand or enjoy

Accessibility is about equity; giving everyone equal access is the first step. To be truly accessible, however, it must be easily attainable, understandable, enjoyable, and reachable by everyone while considering individual differences. Creating a product accessible to everyone



without reducing profits can be challenging. For example, modifying a vehicle for wheelchair access can cost \$20,000 to \$80,000 on average for the consumer, thus, it isn't profitable to make these features available in every single car if the carmaker has to absorb the cost. However, thinking in terms of accessibility can become standard practice for minimal cost. One of the ways that we can ensure accessibility is through website design (how the website looks) and development (the code that makes a website operational).

Why is it important to consider accessibility when designing and developing a web page?

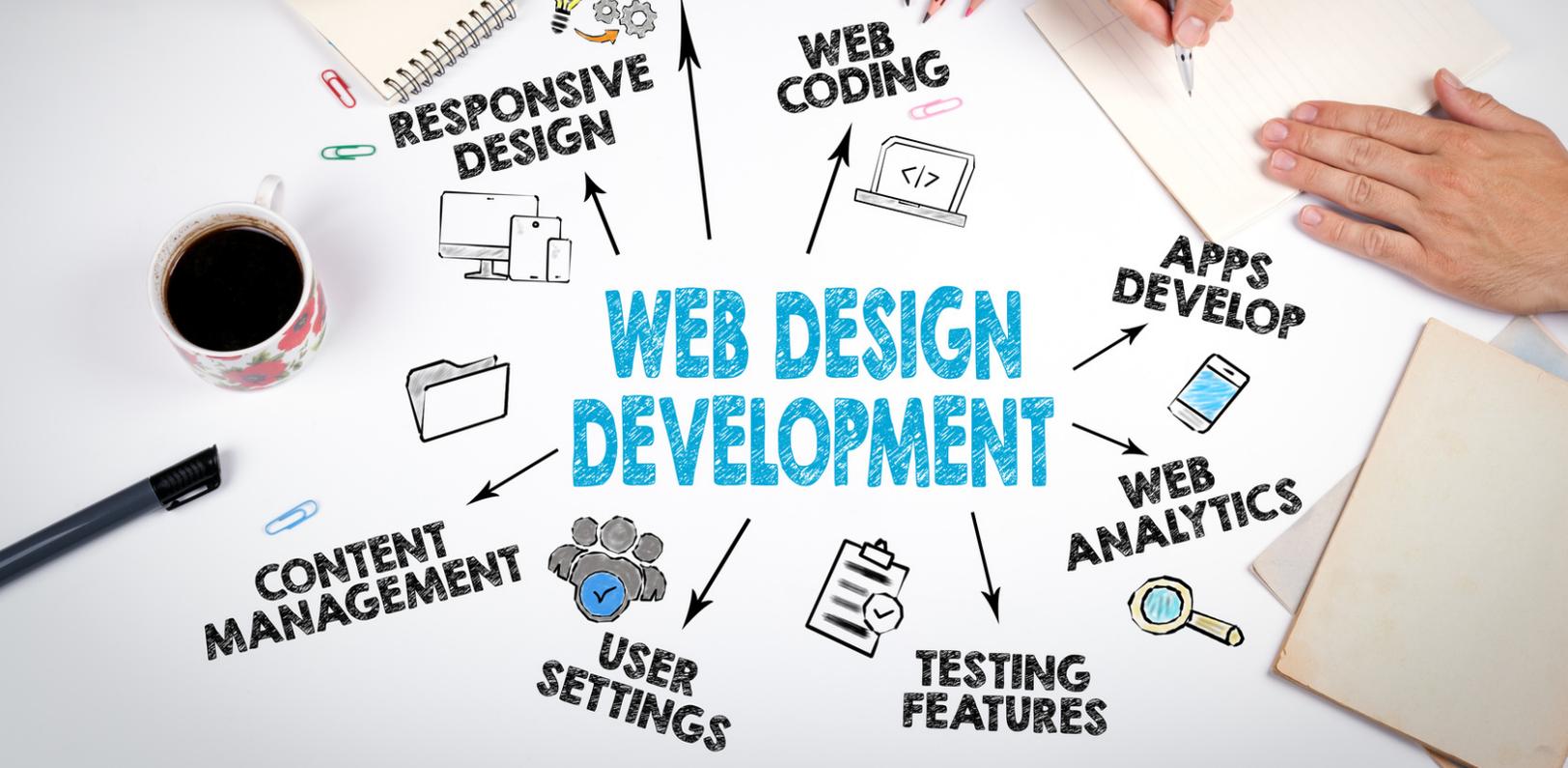
With 61 million Americans, or 26% of the adult population, with some form of disability, making accessibility a priority is crucial. The result is that if we don't implement an accessibility mindset in everything we do, we will fall behind when we need similar services in the future. Therefore, making things accessible is not only beneficial for individuals with disabilities short term but also beneficial to everyone long term. Moreover, the Convention on the Rights of Persons with Disabilities (CRPD) in 2006, established accessibility as a human right, thus, ensuring accessibility for everyone results in guaranteeing that we respect human rights as intended.

But how do we achieve good results when it comes to making a web page accessible?

There are multiple ways that we can make a web page more accessible for our users. According to World Wide Web Consortium (W3C), we need to consider all disabilities that affect access to the web, including auditory, cognitive, neurological, physical, speech, and visual. When making modifications related to accessibility, it is also important to keep in mind factors like aging, temporary disabilities, and situational limitations.

What are good examples of accessible web elements in a web page?

Ensuring that the web page is responsive, or that it adapts and resizes accordingly to the device being used, such as a mobile phone, tablet, desktop, or laptop, is a good reference point for accessibility. With the ability to resize text or graphics, the user receives a uniform and smooth experience across all devices. Another example is the use of color-contrasting elements that are easily distinguishable by those who have poor vision or color blindness and can also be read and translated by text-to-speech software for the blind. Making sure that video content has subtitles, either integrated into the video or, at the absolute least, accessible as a separate transcript is another example. The deaf and hard-of-hearing



The deaf and hard-of-hearing community can benefit from using video captions, subtitles, and transcripts. One final example is designing a web page that does not require the use of a mouse. Surprisingly, you'll find a lot of web pages that ask you to fill out forms where doing so without a mouse is challenging, if not impossible.

Why is accessibility important for IRC?

We at Inland Regional Center (IRC) are dedicated to improving the quality of life for people with Developmental Disabilities. Thus, we can't be successful if accessibility is an afterthought when designing and developing our web page. We must provide examples of fantastic accessible experiences for our customers to see when they visit our website. Show, don't tell. Our guiding principle while creating a website is this. We are aware that not everything is feasible and that the technology itself has its limitations, but if we identify what is required, make a plan to attain it, and then carry it out as effectively as we can, we will be more successful. Rather than telling you the outcomes, we show them to you.

How do we evaluate accessibility and how can you help us?

Before receiving feedback, we assess what needs to be done. For the benefit of our customers, their families, and all stakeholders, we take the initiative to

create improvements. We started the process of rebuilding our website after taking into account all potential elements. It was difficult work, but it was also a labor of love. We think about how the user will engage with the information at every stage of the process, whether or not the search tool will produce relevant results when used, and so on.

However, without appropriate feedback, we are constrained in what we can accomplish alone, therefore, your opinion matters. We take your suggestions into account and consider them as opportunities for improvement. As previously mentioned, there are occasions when technological constraints prevent us from making changes at a given moment. Nevertheless, wherever practical and as technology advances, we work to discover alternative solutions to improve the user experience.

What is next?

Although web design and development are never-ending activities, we will keep pursuing a happy user experience over the long term. With your support, we are determined to achieve accessibility for all.

REFERENCES AND RESOURCES

See next page.

UX

USER EXPERIENCE



References

<https://www.w3.org/WAI/videos/standards-and-benefits/>

Web Accessibility Perspectives - Compilation of 10 Topics/Videos <https://www.youtube.com/watch?v=3f31oufqFSM>

Introduction to Web Accessibility <https://www.w3.org/WAI/fundamentals/accessibility-intro/>

Accessibility Articles <https://usability.yale.edu/web-accessibility/articles>

Accessibility Fundamentals Overview <https://www.w3.org/WAI/fundamentals/>

WCAG 2 Overview <https://www.w3.org/WAI/standards-guidelines/wcag/>

Understanding WCAG 2.0 <https://www.w3.org/TR/UNDERSTANDING-WCAG20/Overview.html#contents>

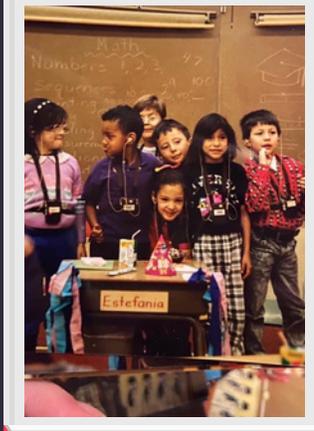
Disability Impacts All of Us <https://www.cdc.gov/ncbddd/disabilityandhealth/infographic-disability-impacts-all.html>

Convention on the Rights of Persons with Disabilities (CRPD)

<https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-with-disabilities.html>

Cambridge dictionary:

<https://dictionary.cambridge.org/us/dictionary/english/accessibility>



Estefania Pena

MIRRORING SUCCESS: THE POSITIVE INFLUENCE OF ROLE MODELS

"But a role model in the flesh provides more than inspiration; his or her very existence is confirmation of possibilities one may have every reason to doubt, saying, 'Yes, someone like me can do this.'"

— *Sonia Sotomayor*

We need role models to look up to when we are unsure or lacking in self-confidence. A role model can provide us the inspiration we need to modify unproductive habits or serve as the visual reference to continue pursuing the life goals we had but were unable to see on our own. We can find role models everywhere we turn, including coworkers, classmates, activists, instructors, friends, and caseworkers, to mention a few. Role models can help us discover possibilities that we didn't know existed. But the influence of a good role model, especially one who looks like us, may be more powerful than we realize.

Estefania Pena, the first Deaf and Hard of Hearing Cultural Specialist at Inland Regional Center, made this observation during our conversation. "It is important to have a role model; children feel a sense of belonging to a community when they see it. I have noticed a

"It is important to have a role model; children feel a sense of belonging to a community when they see it."

huge difference in children," she said. "Before they met any deaf adults, a parent would say 'they are very quiet.' Oftentimes, the parents don't know their child's personality. But the child would say, 'oh my gosh, they signed, they're just like me. They understand me.' That's where you see the difference. It's really important to have a deaf role model for their deaf child," she added.

Estefania had to transition from learning Spanish at a young age to attending a school where the teachers advised her parents that she should concentrate on learning English through sign language to avoid confusion. She said that her audiologist could use sign language, and some of her teachers at the deaf school were trilingual in Spanish, English, and American Sign Language (ALS). She thinks that her situation is unique. "Many of the teachers at my school were CODAs (children of deaf adults). I was very lucky to have access to the services they provided and speech therapy. Today is a little bit different, but back then it was very rare," she stated.

However, Estefania emphasizes how important it is to continue communicating with family members in their native language. She adds that because her parents' primary language was Spanish and they were not very good signers, she was unable to communicate with them as frequently as she would have liked. She constantly relied on her sisters as interpreters because they were better signers. "I had teachers, mentors, classmates, and access to services. It was nice for me. But one sad thing was, once I got home, I just felt isolated, like I was separated from the family. I wish that I had known Spanish because I feel like I would have been a little bit closer to my family if I could have been involved when they were speaking Spanish," she noted.

Estefania's approach to deaf culture and her encounters with those who are deaf or hard of hearing show how this experience has influenced her perspective. She adds that while working as a deaf mentor at a school in Arizona, she met several Spanish-speaking families whose children were deaf from birth. Families found it challenging to support their loved ones. Having no idea what to do, they were unsure of what was best for their children. Estefania would recommend the parents teach their children Spanish. "That's part of your culture and your identity," she noted. I wish my parents had taught me Spanish. You can do ASL and Spanish at the same time. That way you'll have both of them and the reason for that would be that you want a strong language foundation. So, if the family heavily relies on Spanish, use that. You don't want to be using broken English. That's not full access," she added.

Estefania cites two events to illustrate the influence a role model may have on a person's life. The first is based on a personal experience with a former teacher at a deaf school. "When I was in 3rd grade and we had a deaf teacher come in, I thought, oh my gosh, a deaf person. So, I was asking her questions and asked her, can you drive? And she said, 'of course, I can drive,' to all the students, my mouth just dropped open. We were just taken aback because we had not seen anybody in the deaf community, definitely nobody driving," says Estefania.



Estefania and her family

"That's part of your culture and your identity."

In the second anecdote, she describes a well-known story from the deaf community. A story about a little boy who was the only member of his family who was deaf, and had never met another deaf person before that day. He first encountered a deaf person when he was around 8 years old: a deaf lawyer. "Before he met that lawyer, he didn't realize there were other deaf people in the world, and he was like 'oh, you're deaf, and you're a lawyer. You have a job, you drive, you have a family,' And that just improved his confidence. That boy grew up to be a deaf lawyer himself," she explains.



Estefania Pena

“The impact of language deprivation is very noticeable. The child will grow up not knowing how to advocate for herself, not knowing how to solve problems.”

Estefania understands the challenges that lie ahead. Accessibility to services, families with varying languages and communication abilities, and many other factors. But she also understands that a person's ability to succeed, particularly in the deaf and hard-of-hearing community, depends on having support from family members, preserving their identity, and adhering to their culture.

As a Deaf and Hard of Hearing Cultural Specialist, she assists in the development of deaf service resources, provides information and training to regional center employees, and collaborates on statewide initiatives with the Department of Developmental Services (DDS). In any case, this is not a simple process. However, she is aware that she can optimize how the information is communicated to stakeholders, families, suppliers, IRC's executive team, and staff, through the analysis of Purchase of Service data, in partnership with IRC's Cultural Specialist, Lilliana Garnica.

Estefania reveals that she is responsible for reviewing a list of about 1,500 clients who have been diagnosed with hearing loss. She is working

on developing an outreach program for the group. She wants to provide education about deaf culture, language, and other topics. Estefania highlights that each person is unique and that they have different communication needs. Finding out the preferred communication channels for the deaf and hard-of-hearing communities is vital, she continues. “There are many different cultures, different kinds of education that have impacted people and their lives. It's important to know about their family members. Meet that person with an open mind and an open heart. Just trying to understand that person as a human, as an individual,” she explained.

Estefania also argues about the need of having role models, highlighting that deaf children should have access to one so they can see themselves in that person's success and gain an understanding of the opportunities that are available to them. She also insists on how important communication is for deaf children. “The impact of language deprivation is very noticeable. The child will grow up not knowing how to advocate for herself, not knowing how to solve problems. Children learn to just let people who



Estefania Pena

"Children learn to just let people who are who aren't deaf speak for them".

aren't deaf speak for them," she said. Because what a customer wants is frequently different from what a parent wants, Estefania stated that her goal is to develop a workshop for customers to teach them advocacy skills. She aspires to provide her clients with the skills they need to succeed in life.

The Greek storyteller Aesop is credited with saying, "Example is the best precept." At IRC, we recognize that Estefania leads by example. With her expertise, experience, commitment, and advocacy on behalf of her clients, Estefania will help them on their path to success.

Inland Regional Center, Community Engagement

EMERGENCY PLAN

Emergency Services

Education, Prevention & Response

By Community Engagement

Wildfires, high winds, and power outages happen regularly in Southern California. There are times when emergencies happen, so we need to be ready. Additionally, when temperatures soar to over 100 degrees at certain periods of the year, there is a greater risk of fires and a chance of a Public Safety Shutdown (PSPS).

We at Inland Regional Center (IRC) are aware of this. As a result, we have an Emergency Services Coordinator (ESC) to help us respond rapidly in those situations. But what does an emergency coordinator do? Our clients with intellectual/developmental disabilities (I/DD) need a better way to stay informed, secure, and ready. To address these disparities in emergency planning and response, the Department of Developmental Services (DDS) allocated funding to all Regional Centers, including IRC.

Preparing IRC employees, partners, customers, and families for emergencies and/or disasters, both natural and man-made is the focus of some of our activities. Additionally, our ESC is

in charge of acting as a liaison between all twenty-one Regional Centers, municipal and state agencies, and other local responding agencies, as well as offering mutual aid and assistance to other Regional Centers. Last but not least, to prepare for planned outages or shutoffs that might affect IRC clients, the ESC also works with regional utility providers.

You might be wondering why this is significant. Perhaps education, prevention, and response are the most critical elements. Your overall well-being and safety at all times are our priorities. We support you in different ways. Through education in emergency preparedness. Assisting you in the event of a rolling blackout in finding cooling centers nearby. Providing additional information on emergency response, such as how to recognize signals that are coming from our response system. Last but not least, whenever there is a mandated emergency evacuation, we make every attempt to call you directly.

We at IRC are committed to maintaining our efforts to safeguard the I/DD community. You may contribute to our success by working with us: helping you get ready in the event an emergency occurs.

Check for additional resources in the next pages.



DID YOU KNOW

That at Inland Regional Center we have an Emergency Services Coordinator (ESC)?

The Southern California area experiences wildfires, high wind events, and power outages year-round. Our I/DD Community needed a better way to stay informed, safe, and prepared. DDS provided funding to address this issue.

HOW DOES AN ESC HELP?

1

PREPARATION

Preparing IRC staff, vendors, clients, and families for any disaster and/or emergency, both natural and man-made.

2

PROVIDING INFORMATION

Keeping our I/DD Community informed, safe, and prepared about potential risks and natural or man-made disasters.

3

COOPERATION WITH OTHER REGIONAL CENTERS

Providing mutual aid and assistance to other Regional Centers.

4

MULTI-AGENCY

Serving as a liaison between all twenty-one Regional Centers, local and state agencies, and other local responding agencies.

5

COLLABORATION

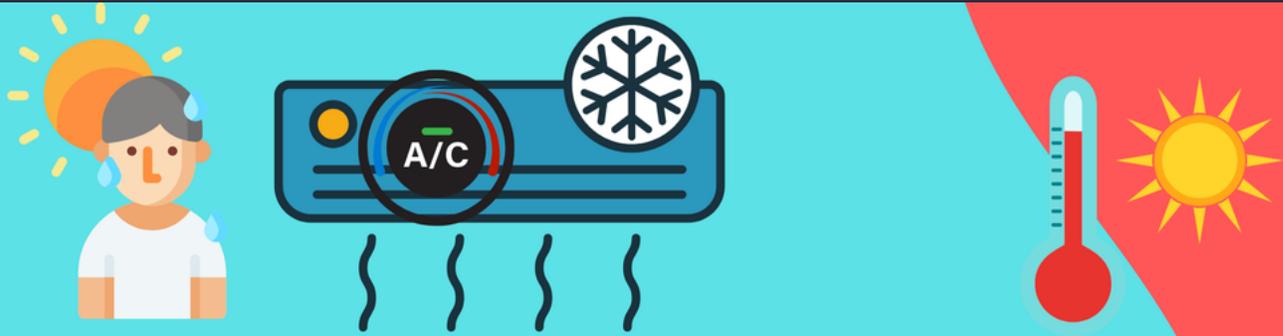
Collaborating with local utility companies to prepare for planned outage/shutoff that may impact IRC clients.



DO YOU HAVE ANY QUESTIONS ABOUT OUR EMERGENCY SERVICES EFFORTS?

EMAIL US AT COMMUNITY@INLANDRC.ORG.

Cooling Centers in your area



Do you know where are the **Cooling Centers** in your area?

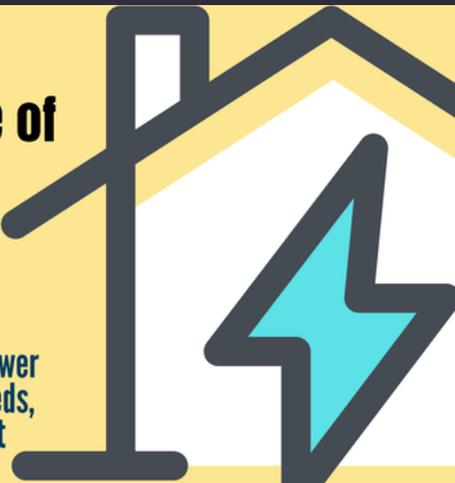
To find the closest cooling center in your County, please follow the links below.

Riverside County: <https://www.capriverside.org/Cool-Centers>

San Bernardino County: https://docs.google.com/document/d/1kKd-HjA5gajTfmu_suDcZdlm4c_0TER8Nxxo9IULjgo/edit

Other Counties: <http://ow.ly/iZnA50KCQV9>

Medical Baseline Allowance Program



Are you aware of the Medical Baseline Program?

If you rely on electrical power due to certain medical needs, is important you know that you have options

Medical Baseline Allowance Program: <http://ow.ly/fwks50KCQc8>

ADDITIONAL RESOURCES

Flex Alerts: <http://ow.ly/4Gxf50KCR6q>

PSPS: <https://www.sce.com/wildfire/psps>



ON THE ROAD:

SERVING OUR COMMUNITY THROUGH OUTREACH AND SPECIAL EVENTS

WHY IT MATTERS

Every month, Inland Regional Center plans or participates in unique events and community outreach initiatives to inform stakeholders about the work IRC performs, program and policy changes, how money is spent, or to build relationships with the local community. As the months go by, it's easy to lose track of our efforts, especially if you don't know what we do. To get familiar with what we do monthly and highlight our efforts, we created the section On the Road. Take a look at what you helped us accomplish in the months of August and September 2022.

WHAT WE ACCOMPLISHED

- Let's Dance Together.** Is a free Zoom Dance Class for children with special needs. Takes place every Saturday. Hosted by a community partner.
- IRC CAC Hangout from Home.** Virtual meeting for IRC CAC members running every Thursday.
- C.O.N.N.E.C.T. (Client Support Group).** Third Tuesday of every month. Client Support Group for adult IRC clients.
- September 12: Inland Regional Center Board of Trustees Meeting.** Everyone is welcome to attend IRC board meetings. They are held on the second Monday of every odd month and address key issues relating to the agency and its services.
- September 12: National Core Indicator (NCI) Survey Public Input Meeting. The project helps agencies that serve people with developmental disabilities track performance.
- CLAP Parent Workshops series.** Event is hosted by a community partner,
- ASL Art Class with Fania,** IRC Deaf and Hard of Hearing (D/HH) Cultural Specialist. Art class for IRC's Deaf and Hard of Hearing community. Every third Monday of the month.
- Vendor Advisory Committee – Virtual Meeting.** Third Monday of every month. The VAC is a forum for IRC officials and vendors to have open discussions about a variety of topics.
- Sex Education for Adults and Teens** conducted by IRC Training and Development Unit

Continued on next page



WHAT WE ACCOMPLISHED

Continued from previous page



- Why Aren't They Listening To Me? A virtual event is organized by GANAS.
- Blythe Parent Support Group. Organized by Escuela De La Raza Unida (ERU).
- CAC Art Class for IRC clients at In Roads Studio.
- Virtual Sensory Processing Training. Sensory processing and how it affects learning and behaviors. Presented by Annette Richardson, OTR/L.
- Official launch of IRC newsletter "Access." Sharing meaningful stories and resources with IRC stakeholders.
- Emergency Services education: through social media for emergency prevention and response during local fires' emergencies and due to potential power outages in the area.
- IRC Outreach at Autism & Developmental Disability Safety Fair. Outreach event to educate the community about emergency preparedness.

Do you have a public event, conference, or resource you wish to reach a broader audience?

Send it our way and it may be featured in our digital calendar of events!



Check Out Our **GENERAL GUIDELINES**

1

Requests by outside agencies must be relevant to IRC

IRC's digital communications' primary function is to promote IRC's mission, message, and brand. Events or resources must be deemed relevant by IRC's Web Team and have approval from the Community Engagement Manager.

2

Send requests 30 days prior to the event

To ensure sufficient time for review, approval, and distribution, we only accept requests at least 30 days prior to the event's date.

3

Requests must be sent to community@inlandrc.org only

We only accept post requests through our Community Engagement Unit's email contact. Any requests sent through social media channels will not be accepted.

4

Make sure to include all details of the event/conference

Please make sure to include all relevant details of the event such as date, time, location, and contact information.

5

Send graphic/flyers in both English and Spanish

We ask for Spanish and English materials. All marketing material should be culturally sensitive and must promote inclusion of all ethnicities, race, and gender.

FOR MORE INFORMATION, CHECK OUR "DIGITAL COMMUNICATION POLICY," AT: [HTTP://OW.LY/OUEF50KRIFH](http://ow.ly/ouef50krifh)





DO YOU WANT TO STAY INFORMED ABOUT

UPCOMING EVENTS?

CHECK OUR DIGITAL CALENDAR!

www.inlandrc.org/calendar



ART CLASS



WITH FANIA!



In-Roads
Creative Programs, Inc.

Every Third Monday

6:00 PM - 7:30 PM
(Via ZOOM)

Link provided upon registration.

Contact Fania Pena
to register. Supplies are limited.

Email: asl@inlandrc.org

V/VP: (909) 332-3639

Art supplies will be provided and mailed. For IRC Clients Ages 16+

IRC★CAC

Hangout From Home



Every Thursday, from 1:00 to 2:30 PM

Is staying at home getting a little boring? Don't worry, the CAC is here to help! Every week, members of the IRC CAC will get together to catch up, ask questions, and hang out in a virtual meeting.

**Join this virtual meeting by
emailing Stephen Donahue
at sdonahue@inlandrc.org**

Hosted by:
Stephen Donahue
IRC Consumer Advocate



The IRC Consumer Advisory Committee is a social and advocacy group for IRC clients ages 16 and older.

LET'S DANCE TOGETHER

FREE ZOOM DANCE CLASSES FOR
CHILDREN WITH SPECIAL NEEDS. GREAT
EXERCISE! GREAT FUN!

EVERY SATURDAY

AGES 0-3 FROM 10:00-10:30AM

AGES 4-7 FROM 10:30-11AM

AGES 8-12 FROM 9:30-10AM

Zoom Information:

Meeting ID- 773 8415 4263

Password - Dance

TAUGHT BY ELLIANA KIM

For questions email ellianakim@gmail.com





IRC BOARD OF TRUSTEES MEETING

Everyone is welcome to attend IRC board meetings. They are held on the second Monday of every odd month. [Public comments may be submitted prior to the event, using this online form](#)

<https://inlandrc.seamlessdocs.com/f/BoardComment>

This meeting will be conducted virtually due to COVID-19 and recommendations to avoid large public gatherings. [The live session can be found at inlandrc.org/live](#)

Topics

Key issues relating to the agency and its services.

Organized by
IRC Board of
Trustees

**Monday,
November
14, 2022**

5 PM - 6 PM

SSI and How to Advocate For Your Client

Escuela De La Raza Unida (ERU)

137 N. Broadway
Blythe CA 92225

Dinner will be provided.

SEPT 28, 2022
6:00 - 8:00 PM

Class In-Person and Virtual (Zoom)



To RSVP, please email:
community@inlandrc.org
In-Person space is limited.

**Te invitamos
Próximamente**

a

***Segunda serie de
talleres de Plan de
Desarrollo Integral
para personas con
Discapacidad***

***Para mas informacion
y registro referirse al
flyer adjunto***



MÉXICO
CONSULADO EN SAN BERNARDINO



Sept 21 **Desarrollo de redes de apoyo en la vida de una persona con discapacidad**
Recibirás herramientas para desarrollar redes de apoyo

Sept 28 **El rol de los hermanos en la vida de un ser querido con discapacidad**
Describirá la perspectiva que tienen los hermanos hacia la discapacidad

Oct 05 **Derechos de educación especial desde la primaria hasta la preparatoria**
Una visión amplia de cómo planear mejor la educación de su hijo

Oct 12 **Cómo entender tu IEP**
Ofrecerá guía práctica para entender el documento de IEP

Oct 19 **El poder de la negociación**
Adquirirás habilidades para tener un IEP exitoso

Oct 26 **La importancia de la independencia en la vida de las personas con discapacidad y sus familias**
Se brindará información de cómo crear independencia en la persona con discapacidad

Para registrarte usa este enlace:

bit.ly/TalleresITF

Llama o envía texto a:
(951) 283-6446

Via Zoom
6:00pm-7:30pm



MÉXICO
CONSULADO EN SAN BERNARDINO





TALLERES PARA PADRES
ASOCIADOS CON FAMILIAS FIRST

¡ATENCIÓN FAMILIAS DEL
CENTRO REGIONAL!

Talleres **gratis** para las
familias del Centro Regional.
Presentado en **español**.

CREANDO LIDERAZGO ENTRE PADRES

CUATRO SESIONES SEMANALES: LOS **MARTES**

Sesión 1:	Octubre 04 10:00 - 12:00 PM	Alcanzando Un Mejor Futuro Para Mi Hijo.
Sesión 2:	Octubre 11 10:00 - 12:00 PM	El Padre, El Mejor Abogado.
Sesión 3:	Octubre 18 10:00 - 12:00 PM	El Poder De Estar Informado: Servicios Y Recursos.
Sesión 4:	Octubre 25 10:00 - 12:00 PM	Aplicando Mis Nuevas Habilidades De Liderazgo



¡REGÍSTRESE HOY!

Victor Campos: 323-528-6727

Correo Electrónico: vcampos@familiasfirst.com



familiasfirst.com

Virtudes Especiales

Grupo de apoyo para padres, Empleo y Transición

Presentado por Disability Rights California
Martes 18 de Octubre 2022 de 10:00 AM – 12:00 PM

**¡Acompáñenos
por Zoom!**

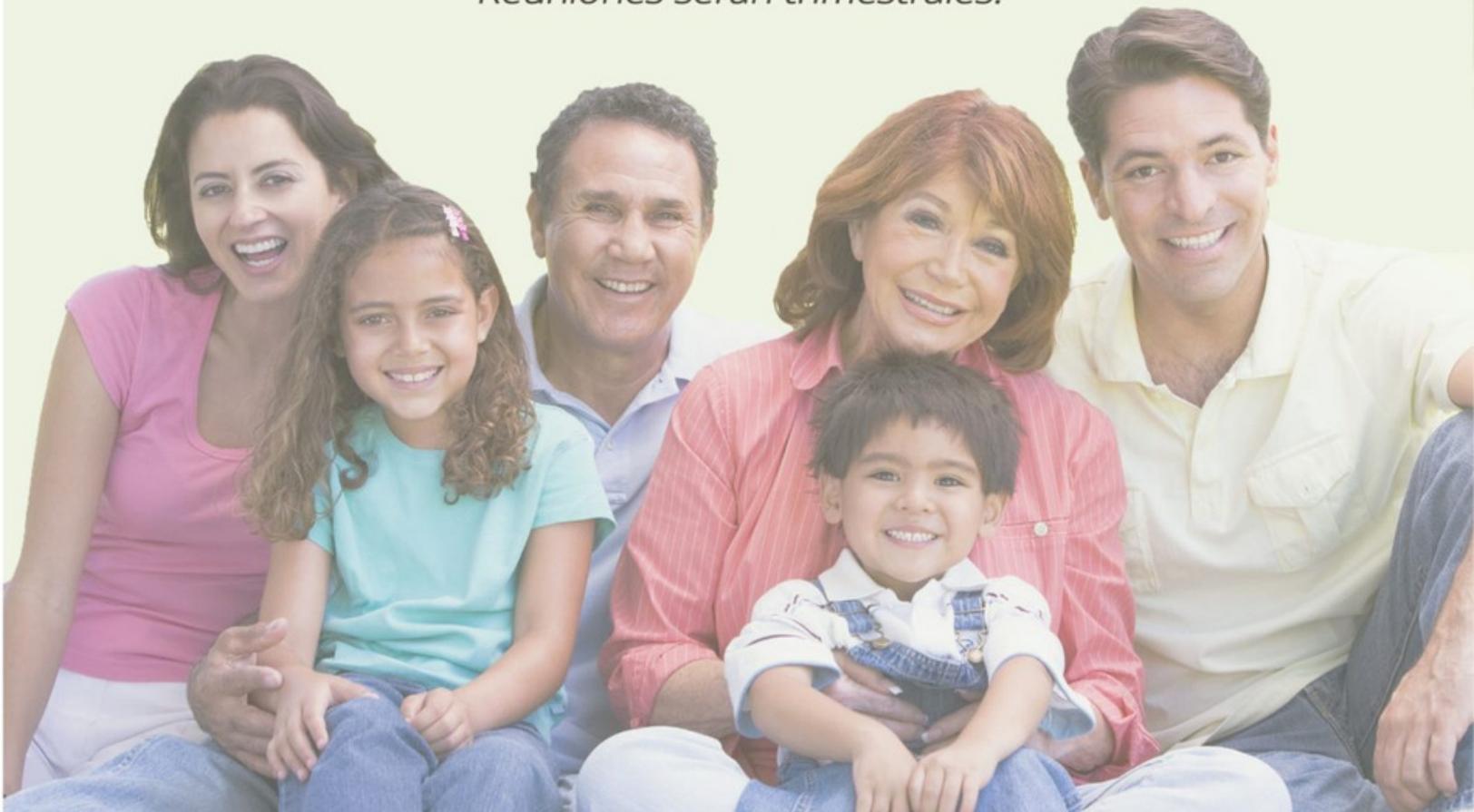


Para más
información mande un
correo electrónico a
community@inlandrc.org

Meeting ID: 875 7435 5146

Passcode: 736000

Reuniones serán trimestrales.



Virtudes Especiales

10am - 12pm

Fecha	Tema	Presentador
12 de enero 2022	¿Que son los Centros Regionales?	Disability Rights California
13 de abril 2022	Seguridad de Ingreso Suplementario (SSI) Sesión de Preguntas y Respuestas	Disability Rights California
12 de julio 2022	Alternativas a La Tutela	Disability Rights California
18 de octubre 2022	Empleo y Transición	Disability Rights California



Are you new to Inland Regional Center



Join us for an Orientation!

FOR FAMILIES FOUND ELIGIBLE FOR REGIONAL CENTER SERVICES

IRC welcomes one and all to come to the training to learn more (or refresh what you know) about IRC. During the training, families will hear a brief history of the regional center system and an overview of how case managers provide services to individuals with developmental disabilities. There will be a time for questions at the end should a family have a personal or detailed question for the trainer.

New Parent Orientation will be provided via Zoom October 24, 2022. The trainings will be held from 5:00 pm-7:00pm. You will need to access the training using Zoom on a computer, a smart phone, or a tablet.

INLAND REGIONAL CENTER

National Core Indicator (NCI) 2019/2020 Survey Public Input Meeting

Reunión de Aportación Pública Sobre la Encuesta del Indicador Central Nacional (NCI) 2019/2020

The National Core Indicators (NCI) project helps agencies that serve people with developmental disabilities track performance. Join us for a discussion about our 2019/2020 survey results and offer suggestions on how we can improve.

El proyecto de Indicadores Centrales Nacionales (NCI) ayuda a las agencias que sirven a las personas con discapacidades del desarrollo a hacer un registro de su trabajo. Acompáñenos en un diálogo sobre los resultados de nuestra encuesta de 2019/2020 y proporcione sugerencias sobre cómo podemos mejorar.



November 14, 2022 · 6:30 - 7:30 PM

This event will be broadcast on: www.inlandrc.org/live
(Este evento será transmitido en vivo en)

THIS OUR STORY



**DO YOU HAVE STORIES
TO SHARE WITH US?**

Contact us at community@inlandrc.org

INLAND REGIONAL CENTER, COMMUNITY ENGAGEMENT



Inland Regional Center

www.inlandrc.org



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