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ACCESS Newsletter

INLAND REGIONAL CENTER



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ACCESS**



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CJ Cook

Manager- Community Engagement

✉ community@inlandrc.org



Estefania (Fania) Pena

Cultural Specialist, Deaf and Hard of Hearing



Maria Isabel (Mari) Rodriguez

Cultural Specialist



Marquis Quinton

Emergency Services Coordinator (ESC)



George Gonzalez

Consumer Support Technician III (CST III)

Meet the Community Engagement Team



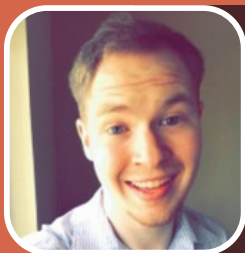
Ismeth Estrada

Consumer Support Technician I (CST I)



Gregory Harrison

Consumer Advocate



Stephen Donahue

Consumer Advocate



Cody Williams

Consumer Advocate



Martin Morales

Community Relations Specialist



Tanialee Sanchez

Events Developer Outreach Specialist



Editor's Note

The Power of a Story: How Can a Story Change Paradigms

BY COMMUNITY ENGAGEMENT

What is love without connections that bind us to something bigger than ourselves? Can it exist on its own? It is difficult to understand love without human interaction, and if it is the case and exists independent of the human being, it is difficult to understand how differences and distances are bridged to create a universe in which the company of another person can make us become one with another being for a common goal. That is love in its simplest and purest form. Connection with no other explanation than the striving to be one through another. That is the power of stories. Stories can motivate us to continue our path, change course, or help us to better connect with other people.

Stories all share the ability to bring people together for a similar goal while reinforcing or inciting change, depending on the situation. At IRC, we recognize that sharing their stories is a powerful way to reiterate our commitment to helping people with developmental disabilities and enhancing their quality of life. Who better to describe their challenges, purpose, and victories than our Clients who daily have to confront obstacles and navigate a social system that was not originally designed to be inclusive? We want to inspire families and our customers to continue working with us to achieve the ongoing progress and greater inclusiveness we all aspire to by sharing these experiences.

Come along on this journey with us and learn in our magazine how these stories might create a new challenge for progress where everyone learns what it means to personally achieve success or victory on their own terms.

**SHARE
YOUR
STORY**





James (left) and Warren Rovegno (right)

LOVE TRANSCENDS; LOVE REMAINS

By Community Engagement

*"A family is like a circle
The connection never ends
And even if at times it breaks
In time it always mends"*

—NICOLE M. O'NEIL

For what is love without kindness? These are the questions we generally ask ourselves when we search for stories we can share with you. In that search for stories, we occasionally come across people who show us the power of human connection and kindness. More so, we can observe firsthand its positive effects directly on others. When we spoke with Carol Snyder we had the opportunity to observe that love in its purest form is possible when it moves beyond ourselves and focuses on the one who asks only for love and companionship. Such is Carol's love for her 66-year-old brother Warren Rovegno. Warren's story is one through Carol. Carol's story is the same as her brother's.

Warren is unusual. Throughout his life, the boundaries that we as a society often try to impose, he has ignored them and eliminated them. He ignored distance, time, and space to coincide in an inclusive circle with a unique group: his sister Carol and her husband James, as well as his beloved pet Ellie, Carol's family, and an exclusive group of bikers —American Legion Riders— that has given new meaning to his life.

In speaking with Carol, we realize that Warren's story is one of continuous hope and living on terms in which love is a central part of his life. Warren, who has Down syndrome, lived most of his life with his parents in New Jersey. After the passing of his parents, he moved in with his sister Carol in 2000. He has been connected to the Inland Regional Center for years, receiving services that contribute to a fuller and more holistic life. Carol explains that Warren participates in a program at Rancho Cucamonga where he has the opportunity to participate in recreational activities. He enjoys being at



Warren Rovegno, family members, and members of the American Legion Riders

the pool and loves his pet Ellie immensely. His interactions today are more limited as he requires constant care. His interactions today are more limited as he requires constant care. However, he enjoys the opportunity to spend time with the American Legion Riders, which James is part of as well as the American Legion.

Carol shares that Warren started showing an interest in motorcycles. Carol's husband, James, made modifications to his motorcycle using a bike rack to accommodate the wheelchair Warren needs for transportation. His love not only for riding motorcycles but for the experience of the ride itself is visible in his expression. There are other activities that he likes, however, traveling by motorcycle gives him that special something that other people find in art, sports, or music, for example. That's why, seeing his enthusiasm, members of the American Legion Riders proposed something unusual: he should become a member of the group.

Joining the American Legion Riders was no easy task. To join the group, you must have been in the armed forces, and Warren didn't have the opportunity to serve. However, it is in adversity that the best answers often come. Carol and Warren's father was in the military during his

lifetime, as a World War II (WWII) veteran, but was never a member of the American Legion Riders. Committee members proposed something even more unusual: granting an honorary membership after death to the father of Warren and Carol. Considered very special, the request must be made to the national commission and await a response.

To Carol and her family's delight, the request passed and with that, her father became an honorary member. The next step was for Warren to join as a Son of the American Legion. With the excitement that every accomplishment can offer, the honor of becoming a member could not be any less. For that, the American Legion Riders collaborated to make the moment even more magical for Warren by holding a special ceremony to grant him membership in the group. Warren was inducted as a member of the American Legion Riders on April 23, 2022, in an event where veterans, riders, and family members celebrated Warren's accomplishment. Carol recounts that for her brother Warren and his family, it was a very special moment because it allowed them to experience unforgettable moments that are only possible when there is a support group behind them to make it happen.



Warren Rovegno and James



Warren Rovegno and
members of the American
Legion Riders



Warren Rovegno and Ellie

Warren's story with his family and how he succeeds in becoming a member of the American Legion Riders reminds us more often than not, the most significant moments in our lives are the ones we share with those we love and for whom we are important. The victories are as big or small as we want to see them, but they are much better with a circle of support by your side at all times to celebrate them. Warren's family knows this is a great step to share and we at Inland Regional Center (IRC) believe so too, so we're sharing it with you. And if you happen to run into Warren while driving the Southern California roads, don't forget to say hi! Warren and his family will thank you.

Inland Regional Center, Community Engagement



JDS Creative Academy Program Participants

JDS CREATIVE ACADEMY

HELPING IRC CUSTOMERS BRING STORY IDEAS TO LIFE

BY COMMUNITY ENGAGEMENT

In recent times, technology has made it easier to reach new audiences. Using video as a practical and effective means to reach new audiences allows us to discover that the differences in inclusion do not present much improvement. It is especially true for different domains, particularly in the area of entertainment. The lack of inclusion is not new, however, it is important to keep reporting on it and find a way to make a difference and provide alternatives where people with disabilities can receive opportunities based on their abilities and not on their limitations. This is the case with JDS Creative Academy (JDSCA), a 501(c)(3) nonprofit organization that as a provider works to ensure that people with intellectual disabilities (ID) receive training and opportunities in the entertainment industry.

Speaking with Diane Strand, founder, majority owner, and member of the Board of Directors of JDSCA, located in Temecula, California, we had the opportunity to learn about the history of the organization and how the academy operates, the programs they have available and how they support the development of the community with intellectual disabilities that Inland Regional Center (IRC) serves. According to Diane, the academy was already operational and offering services in the entertainment sector but she had the opportunity to start exploring the idea in 2015 after being appointed to the Workforce Development Board in the 3rd District of Riverside County.



JDS Creative Academy Program Participants

Through this opportunity, she met community members who were facing difficulties finding employment, including one with special needs, to whom she subsequently offered the chance to learn about the entertainment business at JDS Studios.

This sparked the idea of creating a program geared towards people with special needs, launching in 2018 as an IRC service provider. Due to the particularity of the program and the special needs of our IRC Clients, Diane understands that the structure is somewhat different but can obtain results. In her words, she is inspired by what she describes as the acronym "HOPE", which stands for "Helping One Person Every Day." As a result, the program she suggested as an IRC service provider aims to offer instruction in the performing, visual, and digital arts. As she tells us, writing the educational program was a big challenge. "My passion for workforce development in the arts led me to write two approved curricula for video production. One is a Title 17 program designed for adults with developmental disabilities." By contributing to the educational program, she adds, "my intention is to be able to help and make a difference with my contribution through the educational program."

As such, the program offers hands-on and

theoretical opportunities in all areas related to video production, post-production, and acting. By having control of the creative and production process, students can collaborate on projects, serve as interviewers, camera operators, audio operators, and actors, or make their own programs, to name a few examples. One of the educational program's strengths is that the productions can reach a television audience through different media, including radio, television, and podcasts. "We have a news and information magazine-style television program that is broadcast monthly to 2.4 million people in Riverside County called Spirit of Innovation. In addition, we have our community news radio show on 102.5 The Vine, our live theatrical productions, and a podcast where we rotate the host, among the projects we handle." She adds that the city of Temecula has welcomed the project and has made it easy to get interviews and produce videos because of the positive relationship that exists between them because they want to support the community with special needs

Diane also states that the educational program has about 30 IRC Clients and that one of the accomplishments made as an academy was being able to place actors with media agents and certain members who work as part of the production crew for sporting

events. Participants have the chance to get involved in all phases of a project's execution, she continues, from formally presenting an idea to conducting research, contacting interview subjects, operating audio and television equipment, editing, and appearing in front of cameras as presenters or interviewers as necessary. She mentions that the educational program is held Monday through Friday from 10 a.m. to 3 p.m. and consists of approximately 25 hours per week. For those who wish to participate in the program, it is necessary, as with all services, to contact their Consumer Services Coordinator (CSC) to mention their interest and from there, an evaluation is made based on their Individual Program Plan (IPP).

The activity of our business partner and service provider JDS Creative Academy has led us to realize that there are opportunities for our Clients to get involved in the entertainment sector. Moreover, by participating in these areas, people who are interested in doing so can change the dialogue that we commonly see and that is not representative of their reality. By doing so, they can integrate perspectives that are more representative of people with intellectual disabilities, as well as create content that they really want and in which they can see themselves reflected. Naturally, this balances the content and can accurately reflect our Clients, which is what IRC strives to achieve, that our Clients make their own decisions and are incorporated as members of the community with the power of their voice and vote. Thus, to anyone who wants to use their voice to drive the conversation on the screen in a more inclusive direction, the invitation is open.



Diane Strand (right) with IRC Client and JDS Academy program participant

H.O.P.E. "Helping One Person Every Day." "My intention is to be able to help and make a difference with my contribution through the educational program."

Inland Regional Center, Community Engagement



Joshua D. Lopez

JOSHUA'S PURPOSE:

INCLUSION, INTEGRATION, AND SUCCESS

Most of the time, the definition of "purpose" as an encouragement or intention to do or not to do anything falls short of describing what a person can set out to do and achieve given time, effort, and opportunity. A person's purpose is greater than just drawing a straight line and following the road. Life's journey is never without its ups and downs or detours. Joshua is the best at understanding what the word "purpose" means and is the best at getting things done.

Joshua D. Lopez is a special teenager who lives in the Inland Empire. He is a member of a family that is trilingual in English, Spanish and American Sign Language (ASL) and that values tradition and culture as its main source of connection. Joshua shows us through his gentleness and ingenuity the strength and mental determination that he possesses at his young age, enabling him to get through challenging or downright unfavorable situations that come his way. In an intimate

conversation with his parents, Claudia Navarro and Edgar Navarro told us that Joshua has been a Client of the Inland Regional Center (IRC) since birth. When he was diagnosed with Down Syndrome, which the Centers for Disease Control estimates affects one in 772 newborns, his early years suggested a different path.

Joshua, who might be a little reserved when meeting new people in person, exudes an uncommon amount of vitality and sincerity. Protected by his mother Claudia, he extends a quick "hello" and lets his family speak for him, but not before affirming with his actions that every step and every accomplishment is just another milestone on the path to success he has set for himself.

According to Claudia, they decided to provide Joshua with every opportunity to have a more inclusive life from the minute he was born. They



"It's important for the family to be supportive as a whole to be successful."

From left to right: Claudia Navarro, Joshua D. Lopez, Emily B. Lopez, and Edgar Navarro

sought to connect him with IRC, which she feels has given him opportunities that would otherwise be more challenging to attain and for which she is grateful. The entire family has continuously sought inclusion in all facets of daily life. They have occasionally encountered inclusion barriers such as getting turned down for extracurricular athletic or artistic opportunities. According to Claudia, the staff in charge explained that they weren't ready or didn't have the staff to give him the attention he required to participate. These difficulties have not stopped the family's determination to continue supporting him, and even less so Joshua's determination to pursue new goals.

But Joshua's story would be incomplete if we were to leave out the story of his sister Emily B. Lopez. Every story typically starts with the inspiration we find in others, and in Joshua's case, his story begins with his entire family. However, Emily seems to have an impact that perhaps she has not realized. She is Joshua's immediate inspiration the mirror in which he occasionally perceives himself to know that he can attempt something similar and be successful. When Emily talks about her brother, her face lights up with pride, demonstrating how ready she is to continue supporting him.

Claudia confirms that her son has been involved in a multitude of activities since he was very young, from participating in folkloric dance groups that he practiced alongside his sister for several years, to athletics, to the present being part of the Poly High School cheerleading squad. "Joshua has always been very active. For example, on several occasions when we would take his sister to a dance class, we would find that Joshua was practicing the steps and learning the routines easily." She adds that from then on, they would ask if Joshua could participate and the answer was always positive, although occasionally a few "noes" appeared that didn't stop him from continuing his track.



Emily B. Lopez and Joshua D. Lopez

Edgar and Claudia state that Joshua tried out for the Poly High School mascot in 2020, but the restriction for in-person activities due to the pandemic made this task even more challenging. Edgar tells us that they helped Joshua in learning the routines by practicing with him daily. In addition to encouraging him, they have also taught him to accept failure and setbacks by teaching him how to do so. Despite obstacles, he succeeded in his quest and today he represents Poly High School as a mascot in competitions and sports activities. When asked what advice he could share with other parents about educating their children with Down syndrome, Edgar says "you have to be patient with them as with any other child; you have to constantly guide and educate them."

When asked about activities he prefers individually or as a family, Joshua enthusiastically mentions the Day of the Dead festival, an activity that they used to do frequently and of which he has happy recollections. However, there are a couple of activities the family honor with great enthusiasm, and that is sharing dinner

daily, talking, cleaning activities afterward, and even more, the end-of-the-year Christmas parties. Joshua is perhaps the one who is most looking forward to these holidays because he gets to spend time with his extended family and take part in the festivities.

Joshua stays active, participating in as many activities as his schedule will allow. He partakes in track and field and cheers for the Poly High School Pep Squad and cheerleaders. Joshua's parents note that one of his most recent activities is being a part of the Pep Squad, and they are all very proud of him. Maintaining communication with Joshua during football games in which he participates is difficult because he occasionally needs direction with dance routines. For this, his parents frequently sit in the stands in front of the field and speak to Joshua in ASL. This has been very helpful in maintaining effective communication, which would be impossible to do with the noise and distance in between.

His mother, Claudia, mentions that Joshua is a great kid. When asked about her motivation for sharing Joshua's story, with great emotion and tears present, she tells us that children with Down Syndrome can be fully integrated into most



Emily B. Lopez and Joshua D. Lopez during the Home Coming Parade

activities and they can learn and participate just like anyone else. There are many services available to help them be successful and we are very grateful to IRC. Every year when it is Joshua's annual assessment, the workers are eager to learn from his previous year's accomplishments. We want people to be aware that services and support are available. She also mentioned that "it's important for the family to be supportive as a whole to be successful."

Recently, Joshua and Emily were nominated for king and queen of Poly High School's annual homecoming celebration. Edgar and Claudia mention that a friend of Joshua's was also nominated. His parents' preparation for the event included not only understanding how to get around and

participate in the awards ceremony but also knowing how to accept whatever the outcome was and how to support his friend if he was the winner.

Part of the celebrations leading up to the Homecoming event is a parade that takes place annually on Central Avenue in Riverside, California, around Poly High School and, although on a smaller scale, with a resemblance to the Rose Parade. Both Emily and Joshua participated in their formal outfits and aboard a red Mustang. After the parade, they attended the awards ceremony. When we interviewed the family in early October the event had not yet occurred, however, by the time we completed the story, their mother Claudia contacted us to share that Joshua had been crowned king on October 8, 2022, and everyone was incredibly proud of his achievements.



Every story is different and there is always a new lesson learned when we share moments with families and our Clients. Some lessons stand out more than others, however, one thing in common is perhaps the participation and support of the people immediately around our Clients. At IRC we respect the Clients' decision to have the power to decide what is best for them, to be included in the decision-making process, and to achieve their independence. More so, it makes us happy to know that they have a support group that encourages them and provides them with the peace of mind and comfort to achieve greater success in their lives in the long term.

Joshua is an example that, with coordinated services, the necessary circle of support, and the love and encouragement of those around you, you can thrive and live a fulfilling life under the conditions you set for yourself. If it is true that each person has a limit, Joshua's limit exists only in his heart and will to succeed. Borrowing Paulo Coelho's words "when you really want something, the whole universe conspires in helping you to achieve it," the universe will keep conspiring for Joshua to continue his rise to infinity.

Inland Regional Center, Community Engagement



EMERGENCY SERVICES

EDUCATION, PREVENTION & RESPONSE



BY COMMUNITY ENGAGEMENT

Power outages, wildfires, and strong winds frequently occur in Southern California. Because emergencies do happen periodically, we must be ready. Although we typically believe that fires only happen in the summer, we learn about fires in the colder season. In reality, there are more fires in some parts of the country throughout the winter.

According to the California State Firefighters Association (CSFA), the months from December through March see the greatest number of fatalities caused by residential fires. More than 388,500 fires were reported in the United States in just 2003.

Christmas trees, unattended candles, unattended cooking, a lack of cleanliness, and not leaving adequate space between combustibles and heating devices like portable or set space heaters are a few of the causes. IRC advises Clients and families to practice safety measures during the fall and winter months and educate themselves

on fire protection measures. Here are some simple suggestions:

- Never let heaters run unsupervised. Turn them off if you need to leave the room and won't return for a while.
- Avoid using too many gadgets or stove burners when preparing meals.
- Make sure that you pay attention to not overloading the electrical outlets.
- Check the CO2 and smoke detectors. Replace the batteries if they are close to expiring, and a defective detector must be replaced with a new one.

Keep in mind that, to prevent fires, it is always preferable to take additional precautions than doing less. And if you want to learn more about fire prevention, please visit the California State Firefighters Association page <https://tinyurl.com/224rf7xu> to learn more about what they recommend to do during this season.

Check for additional resources in the following pages.

Deaf and Hard of Hearing

A Page for Deaf and Hard of Hearing Clients and Families

Deaf and Hard of Hearing (D/HH) clients and families deserve comprehensive and equitable access to services, programs, and opportunities. Inland Regional Center (IRC) strives to implement equity and inclusive efforts to reduce communication barriers and disparities in access experienced by many Deaf, Deafblind, and Hard of Hearing people. IRC's D/HH Cultural Specialist works collaboratively with community service providers to address the various needs of the Deaf Community by ensuring their access to and use of services and supports is effective and satisfactory.



IRC's goal is to provide outreach, advocacy, and support in collaboration with our community to meet the language and communication needs of the Deaf-Plus consumers in gaining meaningful access to employment, education, and community services.

DEAF/HARD OF HEARING

BREAKING ACCESSIBILITY BARRIERS: EXPLORE OUR NEW D/HH WEB PAGE

Have you seen our brand-new page for the Deaf and Har-of Hearing page? Our web developer/designer worked with our Deaf and Hard-of-Hearing Cultural Specialist to create a responsive website with our customers and families in mind as part of our efforts to become more inclusive.

We understand the significance of finding resources at one location when it is practical as our population needs increase. IRC has taken action and you can now find deaf and hard-of-hearing-related resources, from upcoming events, ASL, and family resources to advocacy resources.

Please feel free to explore it whenever suits you on your desktop, laptop, tablet, or smartphone, and let us know if you have any questions or ideas for making it better. Link to web page:

WWW.INLANDRC.ORG/DEAF-HARD-OF-HEARING



ON THE ROAD:

SERVING OUR COMMUNITY THROUGH OUTREACH AND SPECIAL EVENTS

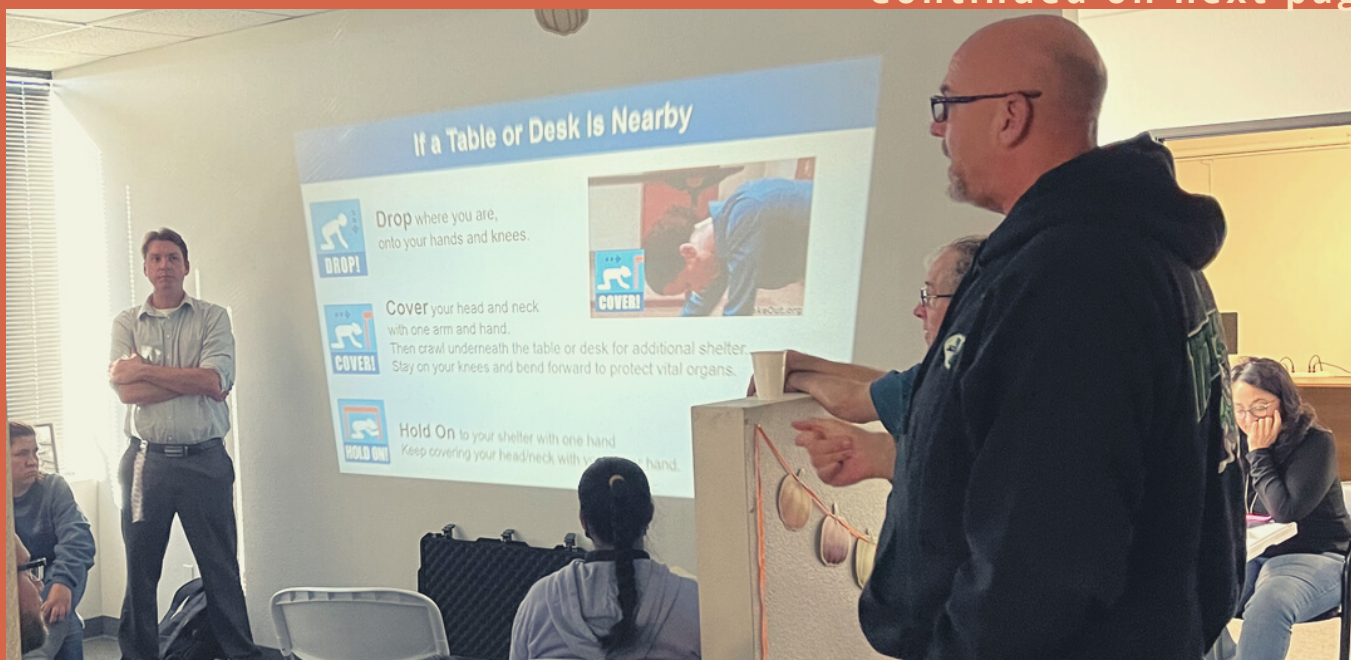
WHY IT MATTERS

Every month, Inland Regional Center plans or participates in unique events and community outreach initiatives to inform stakeholders about the work IRC performs, program and policy changes, how money is spent, or to build relationships with the local community. As the months go by, it's easy to lose track of our efforts, especially if you don't know what we do. To get familiar with what we do monthly and highlight our efforts, we created the section On the Road. Take a look at what you helped us accomplish in October and the ongoing month of November 2022.

WHAT WE ACCOMPLISHED

- Let's Dance Together. Is a free Zoom Dance Class for children with special needs. Takes place every Saturday. Hosted by a community partner.
- IRC CAC Hangout from Home. Virtual meeting for IRC CAC members running every Thursday.
- C.O.N.N.E.C.T. (Client Support Group). Third Tuesday of every month. Client Support Group for adult IRC Clients.
- ASL Art Class with Fania, IRC Deaf and Hard of Hearing (D/HH) Cultural Specialist. Art class for IRC's Deaf and Hard of Hearing community. Every third Monday of the month.
- Vendor Advisory Committee – Virtual Meeting. Third Monday of every month. The VAC is a forum for IRC officials and vendors to have open discussions about a variety of topics.
- October 3: Disaster Preparedness Training at In-Roads Creative Programs, Inc., Colton, California.
- October 4, 11, 18, and 25: CLAP Parent Workshops series. Event hosted by a community partner.
- October 5: Cooking Classes. Event hosted by a community partner.
- October 5: Serie de Talleres ITF. Event hosted by a community partner.
- October 5: Halloween Spooktacular 2022. Event hosted by a community partner.
- October 19: Trauma-Responsive and Attachment-Informed Caregiving – Training Series. Event hosted by a community partner.

Continued on next page



WHAT WE ACCOMPLISHED

g a Job Fair! • We are Live! Social Re

Continued from previous page



- October 22: Inland Regional Center Job Fair 2022
- October 24: IRC Parent Orientation for families found eligible for Regional Center services.
- October 25: ABA Therapy Webinar – GANAS. Event hosted by a community partner.
- October 25 and 28: Disability in the Black & African American Community Webinar Series. Event hosted by a community partner.
- October 31: IRC Performance Contract Public Input Meeting 2023.
- November 1: Learn About Social Recreation. Event hosted by a community partner.
- November 2: Sex Education for Adults and Teens conducted by IRC Training and Development Unit.
- November 8: Access & Equity for Deaf Children – Workshop for Families. Event hosted by a community partner.
- November 14: Inland Regional Center Board of Trustees Meeting. Everyone is welcome to attend IRC board meetings. They are held on the second Monday of every odd month and address key issues relating to the agency and its services.
- November 14: National Core Indicator (NCI) Survey Public Input Meeting. The project helps agencies that serve people with developmental disabilities track performance.

Do you have a public event, conference, or resource you wish to reach a broader audience?

Send it our way and it may be featured in our digital calendar of events!



Check Out Our GENERAL GUIDELINES

1

Requests by outside agencies must be relevant to IRC

IRC's digital communications' primary function is to promote IRC's mission, message, and brand. Events or resources must be deemed relevant by IRC's Web Team and have approval from the Community Engagement Manager.

2

Send requests 30 days prior to the event

To ensure sufficient time for review, approval, and distribution, we only accept requests at least 30 days prior to the event's date.

3

Requests must be sent to community@inlandrc.org only

We only accept post requests through our Community Engagement Unit's email contact. Any requests sent through social media channels will not be accepted.

4

Make sure to include all details of the event/conference

Please make sure to include all relevant details of the event such as date, time, location, and contact information.

5

Send graphic/flyers in both English and Spanish

We ask for Spanish and English materials. All marketing material should be culturally sensitive and must promote inclusion of all ethnicities, race, and gender.

FOR MORE INFORMATION, CHECK OUR DIGITAL COMMUNICATION POLICY AT:

www.inlandrc.org/wp-content/uploads/2021/12/Digital-Communications-Policy-Update-2022.pdf





UPCOMING



EVENTS



DO YOU WANT TO STAY INFORMED ABOUT

UPCOMING EVENTS?

CHECK OUR DIGITAL CALENDAR!

www.inlandrc.org/calendar



DID YOU KNOW

That at Inland Regional Center we have an Emergency Services Coordinator (ESC)?

The Southern California area experiences wildfires, high wind events, and power outages year-round. Our I/DD Community needed a better way to stay informed, safe, and prepared. DDS provided funding to address this issue.

HOW DOES AN ESC HELP?

1

PREPARATION

Preparing IRC staff, vendors, clients, and families for any disaster and/or emergency, both natural and man-made.

2

PROVIDING INFORMATION

Keeping our I/DD Community informed, safe, and prepared about potential risks and natural or man-made disasters.

3

COOPERATION WITH OTHER REGIONAL CENTERS

Providing mutual aid and assistance to other Regional Centers.

4

MULTI-AGENCY

Serving as a liaison between all twenty-one Regional Centers, local and state agencies, and other local responding agencies.

5

COLLABORATION

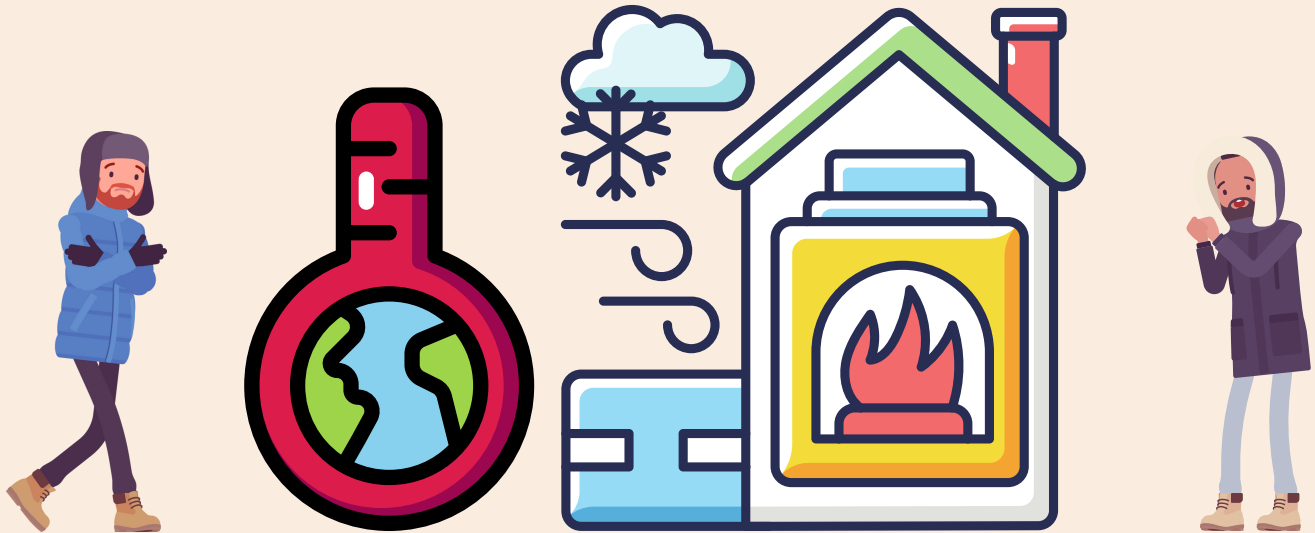
Collaborating with local utility companies to prepare for planned outage/shutoff that may impact IRC clients.



DO YOU HAVE ANY QUESTIONS ABOUT OUR EMERGENCY SERVICES EFFORTS?

EMAIL US AT COMMUNITY@INLANDRC.ORG.

Warm Centers in Your Area

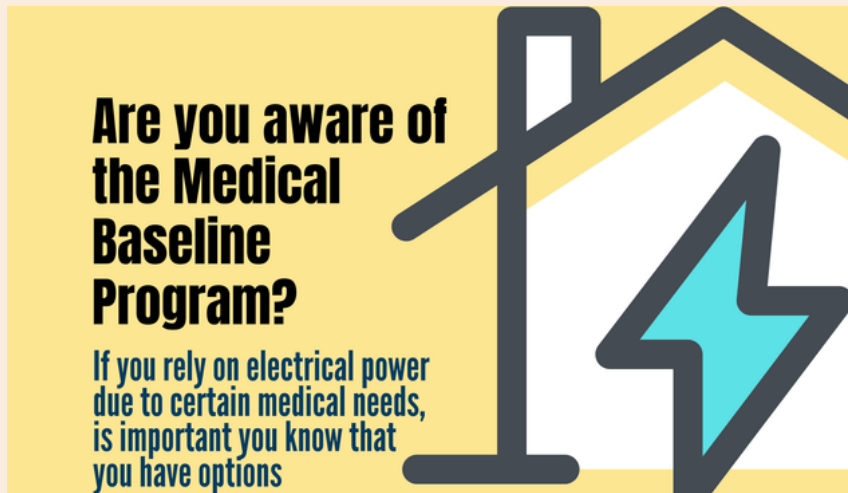


To find the closest warm center in your County, please follow the links below

Riverside County: www.capriverside.org/Cool-Centers

San Bernardino County: <https://bit.ly/3Ti4laQ>

Medical Baseline Allowance Program



Medical Baseline Allowance Program: <http://ow.ly/fwks50KCQc8>

ADDITIONAL RESOURCES

Flex Alerts: <http://ow.ly/4Gxf50KCR6q>

PSPS: <https://www.sce.com/wildfire/psps>



ART CLASS



WITH FANIA!

In-Roads
Creative Programs, Inc.



Every Third Monday

6:00 PM - 7:30 PM
(Via ZOOM)

Link provided upon registration.

Contact Fania Pena
to register. Supplies are limited.

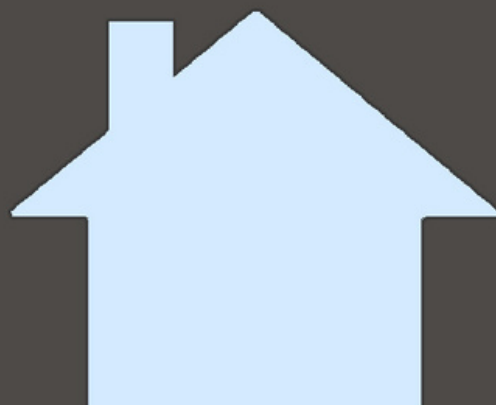
Email: asl@inlandrc.org

V/VP: (909) 332-3639

Art supplies will be provided and mailed. For IRC Clients Ages 16+

IRC★CAC

Hangout From Home



Every Thursday, from 1:00 to 2:30 PM

Is staying at home getting a little boring? Don't worry, the CAC is here to help! Every week, members of the IRC CAC will get together to catch up, ask questions, and hang out in a virtual meeting.

**Join this virtual meeting by
emailing Stephen Donahue
at sdonahue@inlandrc.org**

Hosted by:
Stephen Donahue
IRC Consumer Advocate



The IRC Consumer Advisory Committee is a social and advocacy group for IRC clients ages 16 and older.

LET'S DANCE TOGETHER

FREE ZOOM DANCE CLASSES FOR
CHILDREN WITH SPECIAL NEEDS. GREAT
EXERCISE! GREAT FUN!

EVERY SATURDAY

AGES 0-3 FROM 10:00-10:30AM

AGES 4-7 FROM 10:30-11AM

AGES 8-12 FROM 9:30-10AM

Zoom Information:

Meeting ID- 773 8415 4263

Password - Dance

TAUGHT BY ELLIANA KIM

For questions email ellianakim@gmail.com





IRC BOARD OF TRUSTEES MEETING

Everyone is welcome to attend IRC board meetings. They are held on the second Monday of every odd month. [Public comments may be submitted prior to the event, using this online form](#)

<https://inlandrc.seamlessdocs.com/f/BoardComment>

This meeting will be conducted virtually due to COVID-19 and recommendations to avoid large public gatherings. [The live session can be found at inlandrc.org/live](#)

Topics

Key issues relating to the agency and its services.

Organized by
IRC Board of
Trustees

Monday,
November
14, 2022

5 PM - 6 PM

INLAND REGIONAL CENTER

National Core Indicator (NCI) 2019/2020 Survey Public Input Meeting

Reunión de Aportación Pública Sobre la Encuesta del Indicador Central Nacional (NCI) 2019/2020

The National Core Indicators (NCI) project helps agencies that serve people with developmental disabilities track performance. Join us for a discussion about our 2019/2020 survey results and offer suggestions on how we can improve.

El proyecto de Indicadores Centrales Nacionales (NCI) ayuda a las agencias que sirven a las personas con discapacidades del desarrollo a hacer un registro de su trabajo. Acompáñenos en un diálogo sobre los resultados de nuestra encuesta de 2019/2020 y proporcione sugerencias sobre cómo podemos mejorar.



November 14, 2022 · 6:30 - 7:30 PM

This event will be broadcast on: www.inlandrc.org/live
(Este evento será transmitido en vivo en)

Trauma-Responsive and Attachment-Informed Caregiving: A Training Series

OCTOBER

19

INTRODUCTION

10am-12pm via Zoom

» REGISTER NOW!

NOVEMBER

16

CENTERING FAMILY
AND CULTURE

10am-12pm via Zoom

» REGISTER NOW!

JANUARY

18

HEALING FOR THE
HEALERS

10am-12pm via Zoom

» REGISTER NOW!

FEBRUARY

15

LEADERSHIP
AND SYSTEMS

10am-12pm via Zoom

» REGISTER NOW!

Facilitated by licensed clinical psychologist, Dr. Kelsie Tatum Martinez, this training series is designed for care team members (e.g., direct care staff, resource parents, county social workers, peer specialists) who want to better understand and serve young people.



CEs available. See registration for more information. Questions?

Contact us at
youth@catalyst-center.org

HEART 2 HEART
Parent Support Group

Paint Night!

November 16, 2022 6:00–8:00 PM

**266 N Main Street
Blythe, CA 92225**

No RSVP required.



Questions? Email community@inlandrc.org

Are you new to Inland Regional Center



Join us for an Orientation!

FOR FAMILIES FOUND ELIGIBLE FOR REGIONAL CENTER SERVICES

IRC welcomes one and all to come to the training to learn more (or refresh what you know) about IRC. During the training organized by IRC Training and Development, families will hear a brief history of the regional center system and an overview of how case managers provide services to individuals with developmental disabilities. There will be a time for questions at the end should a family have a personal or detailed question for the trainer.

New Parent Orientation will be provided via Zoom November 28, 2022. The trainings will be held from 5:00 pm-7:00pm. You will need to access the training using Zoom on a computer, a smart phone, or a tablet. Questions? Contact Sarah Hartsell at shartsell@inlandrc.org or Ruth Armstead at rarmstead@inlandrc.org.

Virtudes Especiales

Grupo de apoyo para padres, Empleo y Transición

Presentado por Disability Rights California
Lunes 5 de diciembre 2022 de 10:00 AM – 12:00 PM

**¡Acompáñenos
por Zoom!**

Meeting ID: 820 7556 1866

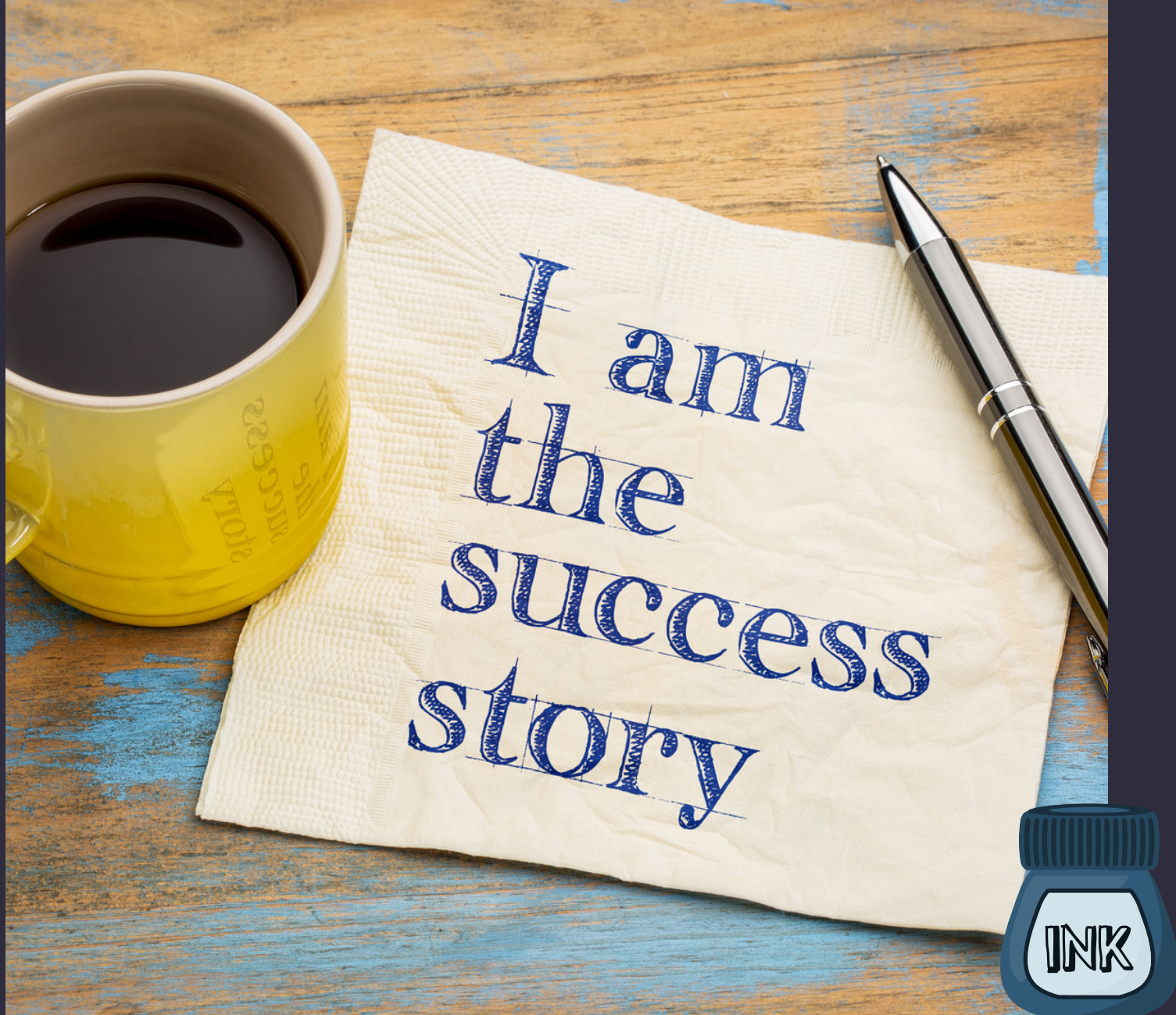
Passcode: 472369



**Para más
información mande un
correo electrónico a
community@inlandrc.org**

Reuniones serán trimestrales.





**DO YOU HAVE STORIES
TO SHARE WITH US?**

Contact us at community@inlandrc.org

INLAND REGIONAL CENTER, COMMUNITY ENGAGEMENT



Inland Regional Center

www.inlandrc.org



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