

## 1.2.4(a) PURCHASE OF SERVICE POLICY

(Respite Excerpt)

### Respite Services

Respite care is defined as temporary and intermittent care provided for short periods of time (1) in the consumer's own home or (2) out-of-home respite may also occur at an approved residential facility or setting to support family members in keeping consumers in the home. It is intended to relieve family members of the demanding responsibility of caring for the consumer by providing care and supervision to ensure consumer's safety in the absence of family members. When the family has authorization for ongoing in-home respite and wants a one-time out-of-home respite authorization, the hours of in-home respite may be modified accordingly.

While it is recognized that WIC § 4690.2 requires in-home respite to be provided in the "client's own home," exceptions may be made on an individual basis pursuant to the Individual Program Plan. Exceptions must ensure that the original intent of the respite is maintained.

Respite services authorized for minor consumers are subject to California's Family Cost Participation Program (FCPP). Families have 30 days from the date they are notified of the cost participation amount to ask for a review of the rate. As allowed by CCR § 56265, the Regional Center's Executive Director or designee may adjust the level of cost participation.

Respite hours may be authorized for an individual with medical care needs pending generic funding, e.g., Early Periodic Screening, Diagnosis, and Training (EPSDT) or Home and Community-Based Alternative (HCBA) Waiver Program. The regional center will only consider services such as In-Home Supportive Services as a generic resource when the approved services meet the respite need as identified in the consumer's individual program plan or individualized family service plan.

Children between 0-21 years of age may receive EPSDT funding support. Adults ages 21 years plus may receive HCBA Waiver funding support.

A regional center may only purchase respite services when the care and supervision needs of a consumer exceed that of an individual of the same age without developmental disabilities.

Exceptions made to all purchases of service must be identified by the Interdisciplinary Team and documented in the client's Individual Program Plan. If there is any disagreement about services that cannot be resolved by the planning team, written notice of fair hearing rights will be provided. (WIC §§ 4646(i) and 4710.5(a)).