



ISSUE 5

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ACCESS

Newsletter



INLAND REGIONAL CENTER



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ACCESS**



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Dr. CJ Cook

Manager - Community Engagement

✉ community@inlandrc.org



Estefania (Fania) Pena

Deaf and Hard of Hearing Cultural Specialist



Maria Isabel (Mari) Rodriguez

Cultural Specialist



Marquis Quinton

Emergency Services Coordinator (ESC)



George Gonzalez

Consumer Support Technician III (CST III)

Meet the Community Engagement Team



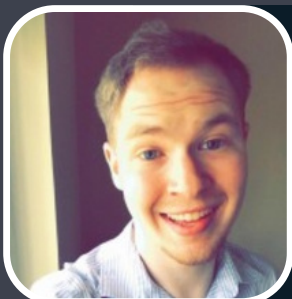
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Editor's Note

The Power of Community: Why Public Input and Participation are Vital for Inland Regional Center

BY COMMUNITY ENGAGEMENT

Public input and participation are vital to any successful organization, including the Inland Regional Center (IRC). At its core, public input and participation involve gathering feedback and insights from various stakeholders to inform decision-making processes and improve service delivery. This is especially important for IRC, which provides services to Clients with intellectual disabilities and their families. But we can't do it alone. Public input and participation are essential to ensure that IRC meets the needs of its community.

One of the primary reasons why public input and participation matter is that it allows IRC to hear directly from those the agency serves. By gathering feedback from Clients with intellectual disabilities and their families, IRC can gain valuable insights into their unique needs and preferences. Clients and their families are the best sources of feedback on the quality of services, and they can provide valuable insights into what is working well and what needs improvement. This feedback can then be used to tailor services to meet those needs and preferences better, ultimately resulting in improved outcomes for Clients and their families.

When Clients and their families are involved in providing feedback, they feel empowered and valued. Their input is essential to improving access to services and helps IRC identify areas for improvement. This collaboration helps the center adapt to the community's changing needs and ensure that the services provided are relevant and practical.

Stakeholders, including local community organizations, businesses, and government agencies, also play an essential role in providing feedback. They can provide valuable perspectives on the community's needs and help the IRC identify opportunities for collaboration and partnerships. When everyone works together, we can achieve better outcomes for the community we serve.

Another important reason why public input and participation matter is that they are essential for improving access to services by identifying any barriers to accessing its services and working to remove them. For example, if Clients and their families struggle to access services due to transpor-



tation issues, IRC can explore options for providing access to transportation or making services more accessible.

It is essential to involve all stakeholders, including monolingual individuals who speak languages other than English, such as Spanish, Arabic, Tagalog, Chinese, American Sign Language (ASL), and Vietnamese. Language and cultural barriers can prevent individuals from accessing services and providing feedback. By involving individuals who speak these languages, IRC can ensure meeting the entire community's needs.

During the Purchase of Service (POS) Public Input Meeting, our Clients, tier families, community-based organizations, and other stakeholders participated, providing public input about current services, both positive and negative. By listening attentively, uncensored, we learned what matters to them through our interaction and open dialogue. We will continue pursuing better ways to continue our communication and engage in meaningful ways to provide solutions that enhance services.

In conclusion, public input and participation are essential to the success of Inland Regional Center. Clients with intellectual disabilities, their families, and all stakeholders should be involved consistently in providing public input to improve services. By listening to feedback, the IRC can identify areas where improvements are needed and ensure that the services provided are relevant and effective. It is also important to involve monolingual individuals, including those who speak Spanish and other low-frequency languages, to ensure that the center meets the entire community's needs. Together, we can create a better future for individuals with intellectual disabilities and their families.



JOIN THE INLAND REGIONAL CENTER'S SERVICE ACCESS AND EQUITY CONFERENCE 2023: BRIDGING THE GAP AND EMPOWERING YOUR COMMUNITY!

By Community Engagement

The Inland Regional Center's Service Access and Equity Conference 2023 is quickly approaching, and you won't want to miss it! On April 1st, from 9 am to 2 pm, join IRC's Director of Children and Transition Services, Felipe Garcia, and other esteemed presenters for a day of insightful presentations and discussions on topics that matter.

This conference is all about bridging the gap and providing access to resources that matter. It's an opportunity to reduce disparities between diverse groups and provide valuable tools for IRC's Clients. Whether you're a parent, guardian, or Client aged 16 or older, there's something for everyone at this event.

Felipe Garcia, our keynote speaker, will lead the day's discussions on important topics such as consumer employment, social recreation, respite care, and self-determination. These topics are critical for Clients' growth and development, and the insights you'll gain from our presenters will be invaluable.

Not only will you gain valuable knowledge, but you'll also connect with like-minded individuals who are passionate about empowering their community. This conference is an excellent opportunity to network, make new friends, and gain insights into the resources available to you and your loved ones.

The conference will be held at the James L. Brulte Senior Center, located at 11200 Baseline Road, Rancho Cucamonga, CA 91701. The event starts at 9 am and ends at 2 pm, giving you plenty of time to engage in the presentations and network with fellow attendees and vendors. To secure your spot, register by using the following link: www.inlandrc.org/sae23. Please note that childcare will not be provided, so make arrangements accordingly.

Remember, only one person per registration form is accepted for capacity purposes, so don't hesitate to secure your spot today. The Service Access and Equity Conference is your chance to bridge the gap and access the resources that matter most. Join us for a day of learning, networking, and empowering your community. See you there!



WE WANT TO HEAR FROM YOU!

PURCHASE OF SERVICE - HOW IRC SPENDS MONEY ON PROGRAMS

INLAND REGIONAL CENTER HOSTS PUBLIC INPUT MEETINGS TO ENHANCE PURCHASE OF SERVICE PROGRAM FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

By Community Engagement

Inland Regional Center (IRC) held two in-person public input meetings on February 15, 2023. The purpose of these meetings was to gather feedback from Clients and their families on the Purchase of Service (POS) data provided by IRC, identify areas of improvement, and explore innovative ideas that could be implemented to enhance the overall service delivery experience. The first session was conducted in Spanish at 11:00 a.m. with translation to English provided, and the second session was held in English at 5:00 p.m. The POS data videos were presented in English, Spanish, and American Sign Language (ASL).

Inland Regional Center is a springboard to greater independence for people with developmental disabilities in the Inland Empire and has provided support to people with intellectual disabilities since 1972. The cornerstone of IRC's service philosophy is person-centered planning. Every person is different. IRC Service Coordinators work together with our Clients to create service plans that embody what IRC believes in wholeheartedly: Client independence, empowerment, and inclusion.

Today IRC provides case management and service coordination for more than 45,900 Clients in Riverside, and San Bernardino counties, including autism, cerebral palsy, epilepsy, and conditions closely related to or that require treatment similar to that required for an intellectual disability. The POS enables Clients and their families to choose the services they need to improve their quality of life.

During the POS Public Input Meeting morning session, the Clients, their families, and the community organizations that participated provided positive feedback, particularly about the availability of resources in Spanish. Ives Torres Foundation stated that they had seen positive changes over the past ten years, with more resources accessible in their language. They also appreciated the creation of new positions at IRC with Spanish-speaking Clients in mind. Another participant mentioned that the IRC newsletter is available for download, and resources can be found easily in their language. However, they suggested that the newsletter needs more promotion to reach a wider audience.

Several individuals raised concerns regarding the need for more vendors and the provision of services, with one participant suggesting that IRC needs to provide better assistance to Clients. A community member and special education teacher mentioned that many parents know about IRC and the services provided, but they do not understand their child's condition fully. They suggested events where parents can connect and share information would be helpful.

CLASE (Colaboración, Liderazgo, Abogacía, Servicio y Educación), a community organization, requested more information about services available for families in crisis, data for services, and locations where services are not available. Additionally, they raised the question of how IRC compares to other regional centers. GANAS (Genuine. Animate. Navigate. Assist. Succeed.), another community organization, focused on helping parents make informed decisions, suggested that parents need more guidelines and policies to make informed decisions about their child's needs. They also mentioned that the pandemic presented challenges for parents who needed direct communication, and technology was a significant problem for families who struggled.



During the English session, the Clients, their families and organizations present, also provided positive feedback regarding hiring new staff and IRC's supportive services. One customer appreciated how IRC had helped them with transportation, while another Client appreciated the support they received from the Inland Regional Center Consumer Advisory Committee (IRC CAC).

The Autism Society of Inland Empire (ASIE) raised concerns about the lack of vendors and what they offer. The need for new and innovative programs to help families with developmental disabilities was also raised.

During the morning session, Lilliana Garnica, IRC Program Manager of the Enhanced Caseload Coordination Unit (1:40 unit), discussed the new program, which takes Clients with low or no purchase of services and offers individualized training focused on parents' level of understanding. The program also provides mini-workshops about fair hearings, the Notice of Action, and Clients' rights. By offering Clients targeted support and better service coordination, this unit complies with the DDS mandate for enhanced service coordination, which is designed to improve service access and delivery. The distinctiveness of improved service coordination entails considering socioeconomic, systemic, cultural, and language barriers and putting best practices to use in lowering them.

Overall, the POS public input meetings provided valuable feedback for IRC. The meetings highlighted the need for more resources in Spanish, better communication systems, and more accessible services. IRC will consider the feedback received and work towards providing better support to individuals with developmental disabilities and their families and improving the program's services to better meet the needs of its Clients.

For those unable to attend the meeting or requiring additional information, the IRC POS Data Reports 21-22 are available on the IRC website in English <https://www.inlandrc.org/wp-content/uploads/2022/12/IRC-POS-Data-Reports-21-22-English.pdf> and Spanish <https://www.inlandrc.org/wp-content/uploads/2022/12/IRC-POS-Data-Reports-21-22-Spanish.pdf>. IRC has also provided an email address (community@inlandrc.org) to submit feedback or ask for additional information about the POS data.



BREAKING THE CASELOAD RATIO BARRIER

By Dr. CJ Cook, DBA

At Inland Regional Center (IRC), we believe wholeheartedly in the need to lower caseload ratios, which in turn will directly benefit the Clients we serve in a positive way. At the same time, we openly recognize the challenges we face in meeting the requirements set forth in Welfare & Institutions (W&I) Code section 4640.6(c) and seek public input annually to assist in meeting those commitments.

As of September 22, 2022, service coordinator caseload ratio survey guidelines also required IRC to report on current caseloads as of October 1, 2022. IRC did not meet all the required caseload ratios mandated by W&I Code section 4640.6(c). Specifically, IRC did not meet the required caseload ratios for the highlighted categories noted in the table below:

| Regional Center | On Waiver | Under 6 Years | Movers Over 24 Months | Movers Between 12 and 24 Months | Movers Within Last 12 Months | Over 6 Years, Non-Waiver, Non-Mover | Complex Needs | Low or No POS |
|----------------------------------|-----------|---------------|-----------------------|---------------------------------|------------------------------|-------------------------------------|---------------|---------------|
| W&I Code Required Ratios | 1:62 | 1:40 | 1:62 | 1:45 | 1:45 | 1:66 | 1:25 | 1:40 |
| IRC Number of Individuals Served | 15,102 | 9,249 | 224 | 6 | 8 | 18,078 | 153 | 0 |
| IRC Ratios | 1:78 | 1:75 | 1:57 | 1:48 | 1:44 | 1:76 | 1:21 | N/A |
| CA Average | 1:80 | 1:68 | 1:61 | 1:53 | 1:39 | 1:79 | 1:25 | 1:34 |

IRC has continued to experience tremendous growth in our Client population during the past several years. According to the Department of Developmental Services (DDS), at the end of December 2022, IRC had 47,829 Clients, including those in the intake assessment process. On average, our Lanterman Act intake team has 1300 applications in various stages of the assessment process each month. Our Early Start intake team processes, on average, 700 referrals monthly from birth to age 3.



To meet the demand of Client growth, IRC's Human Resources team assists the Management team in posting, screening, and scheduling candidates to fill critical positions that, in turn, lowers the caseload ratio. Once hired, our Training and Developing team provides a training program, assisted by unit mentors, to successfully onboard new hires and provide an in-person training experience deep-rooted in our history and our mission.

IRC's Executive Management Team revamped the New Staff Sponsorship Program for all new hires, commonly referred to as the mentor program. The process of mentoring new staff by senior staff is designed to teach and coach our new hires. This updated process will foster more knowledgeable and engaged staff to serve our Clients better.

IRC is now incentivizing our bilingual staff with a monthly stipend. We want to meet the community's needs and adequately compensate our team for reading, writing, and speaking Spanish for our Spanish-speaking parents/clients. We believe this stipend will assist in recruiting candidates to support the agency's continued growth and assist in the reduction of the disparities in our Purchase of Services.

Prior to the pandemic, IRC's recruitment process consisted of in-person interviews and assessments, attending college career fairs, and posting job ads on Monster and LinkedIn. Once the pandemic hit and California was in a state of emergency, IRC implemented a remote work schedule for employees, and a hiring freeze also went into effect for a short amount of time. When the time came for IRC to start hiring again to fill both growth and replacement positions, the former way of recruitment and interviewing was not an option. This allowed the Human Resources team to develop a new digital recruitment process where video and virtual interviews have become the new normal for the agency.

While many positives have come from virtual recruitment, it also brought a few challenges. There are often connection and communication issues with virtual interviews should there be a glitch with the sound or video. It could also make it difficult for a candidate to build rapport with a hiring manager if someone is uncomfortable speaking on camera.

IRC **hosted a Job Fair** on Saturday, October 22, 2022, designed to lower the caseload ratio concerns and assist with coming into compliance with W&I Code section 4640.6(c). IRC managers interviewed for over 200 new positions in Case Management, Administrative Support, Clinical Services, Intake, Finance, and more!

In a letter to Lavinia Johnson dated January 17, 2023, DDS recognizes the challenges IRC faces with recruiting and onboarding new staff and appreciates our ongoing efforts in hiring staff that will lead to reduced caseload ratios.

- **IRC 2022 Caseload Ratio Survey Acknowledgment Letter**

IRC needs your input- Please send your suggestion on how to lower the caseload ratio to community@inlandrc.org.



HAPPY PAL-INTINES DAY! FROM YOUR FRIENDS AT IRC!

BY TANIALEE SANCHEZ

February is often a month associated with love, but here at IRC, we know that friendships can be a wonderful source of support. IRC's Client Advisory Council, also known as the CAC, is a great way to meet friends and new people. The CAC is more than just a network of clients at IRC. It's a place for clients 16 and up to find support in a community of peers. The CAC hosts various fun events, from movie nights to coffee hangouts and monthly virtual meetups.

The CAC makes making friends fun again with icebreakers at every meeting and something for everyone. If you know someone who would like to join the CAC feel free to contact us at community@inlandrc.org.

Keep an eye out on our social media outlets for more information on events with the CAC as well as happenings. We have many fantastic events coming up this year, and we want all our clients to be able to enjoy them. While maybe you don't have a valentine or even a Pal-intine this year, that's ok because the CAC is a place with opportunities to make new friends.

Remember your friends or the support systems around you that bring you joy because they are equally if not more special than a valentine. I leave you with a challenge this Valentine's Day, try talking to someone new, maybe a coworker, by saying Hello and asking them what their favorite chocolate or candy is.

And remember to join us for our next virtual meeting on March 23, 2023, at the new hours of 5 pm to 6:30 pm. And if you are looking for face-to-face interaction, look no more! Join us at our first in-person IRC CAC Board Meeting on March 27, 2023, at 5:30 pm at Inland Regional Center – Conference Center, 1425 S Waterman Ave, San Bernardino, CA 92408. Both are great opportunities to learn more about upcoming events, get involved in matters important to you, and meet great friends!

And if you are an IRC Client, 16 years of age or older, remember to follow us on Facebook and join our IRC CAC <https://www.facebook.com/groups/557380457802319>.

We hope to hear from you soon!



TUTOR ME EDUCATION: PROVIDING HOLISTIC TUTORING SERVICES FOR STUDENTS OF ALL ABILITIES

By Community Engagement

Tutor Me Education, a new vendor with Inland Regional Center, is providing customized and evidence-based tutoring services to students on all ends of the spectrum. The company, led by President Elliot Farahnik, is invested in accelerating student learning while addressing the executive functioning needs of its students and has extensive experience working with learning disabilities. Tutor Me Education's primary goal is to provide high-quality, evidence-based teaching and custom-tailored tutoring services to students in need.

Elliot, the director of the company, has emphasized that their approach to tutoring goes beyond just addressing academic gaps in students' education. The company's goal is to provide a holistic approach to teaching that also addresses students' social and emotional needs, as well as their executive function needs. He emphasized that the company takes a student-centered approach to education, offering customized learning plans, assessments, curriculum, and educators who specialize and cater to each student's individual needs and disability. The company is proud to offer a comprehensive approach to learning that helps students develop the skills and confidence they need to succeed both in and outside of the classroom.

The process for initiating the request for Tutor Me Education's services starts with contacting the Consumer Services Coordinator (CSC) at Inland Regional Center. An assessment is needed, which can happen at intake, and the CSC will then recommend the number of hours needed and authorizes the request. After authorization, Tutor Me Education performs an initial data-based assessment to match the student with the most suitable instructor. The tutors are carefully selected through a rigorous process to ensure that the teaching approach and style fit the student's needs. Each teacher is prepared to customize lessons to suit the student's individual needs.

The organization customizes a tailored learning program for each student following a thorough intake and assessment process, typically advising engagement with a tutor for three to five days weekly. The establishment's team comprises proficient and knowledgeable educators, with all instructors possessing noteworthy qualifications and certifications for working with a diverse range of learning disabilities.



Students receive a distinctive and individualized learning experience via the company's cutting-edge online tutoring platform. Through their custom face-to-face lesson space, students can receive 1-1 tutoring classes that cater to their individual needs. The platform is designed to eliminate obstacles to online learning, enabling every student to participate in their lessons fully. It seamlessly integrates with the company's curriculum, allowing tutors to customize their teaching approach to meet the specific needs of each student.

The company is committed to accessibility and provides in-home tutoring for students with disabilities who find participating in online classes challenging. The company president stated, "Although our classes are mainly online, we recognize that some students encounter virtual learning difficulties. As a result, we offer in-home tutoring as an alternative."

The online learning platform for Tutor Me Education exemplifies the company's dedication to providing personalized, high-quality education that is accessible to everybody. They have created a learning environment where students can realize their full potential by utilizing technology to its fullest extent.

The company accommodates and provides lessons in multiple languages. Parents have access to feedback on their child's progress, and the company offers tutoring services in all core subjects and beyond, including upper-division courses. The company offers tutoring in over 100 unique subjects, including Math, English, Language, and Geography.

In addition to providing tutoring services in multiple languages, Tutor Me Education is equipped to offer American Sign Language (ASL) tutoring services. The company's individualized approach ensures that the plan for each student is customized to their specific language and individual needs. Tutor Me Education's technology is simplified to give parents easy access to information and feedback on their child's progress.

Tutor Me Education's services are available through a vendor Purchase of Service (POS). "We have a very specialized program that is customized for the most vulnerable population and work with the Latinx population. We are excited to begin working with the Inland Regional Center," said Farahnik.

Tutor Me Education is dedicated to providing high-quality tutoring services and a personalized approach to Education that meets the needs of every student, and we are committed to making a difference in students' lives, Elliot added.

For more information about Tutor Me Education and its services, visit their website at <https://tutormeeducation.com/>. To initiate a request for Tutor Me Education services, contact your Consumer Services Coordinator.



ON THE ROAD:

SERVING OUR COMMUNITY THROUGH OUTREACH AND SPECIAL EVENTS

WHY IT MATTERS

Inland Regional Center organizes or takes part in distinctive events and community outreach initiatives every month to educate stakeholders about its operations, program and policy changes, expenditures, and to establish connections with the nearby community. However, it is possible to lose track of our activities as time passes, especially if one is unaware of our operations.

To help you stay informed about our monthly activities and showcase our achievements, we introduced the "On the Road" section. Let's take a look at what we have accomplished in February 2023.

Would you like to learn more? Let's dive in!

WHAT WE ACCOMPLISHED

IRC CAC Hangout from Home. This virtual meeting for IRC CAC members 16 years of age and older. This hangout takes place virtually every third Thursday of the month.

ASL Art Class with Fania, IRC Deaf and Hard of Hearing (D/HH) Cultural Specialist. In 2022, our Deaf and Hard-of-Hearing Specialist, Estefania Pena, started the Art class for IRC's Deaf and Hard of Hearing community. Classes took place every third Monday of the month, but in 2023, it will be moving to every third Tuesday of the month.

IRC Parent Orientation. A virtual meeting directed to families found eligible for services, where they learn a brief history of the regional center system and an overview of how case managers provide services to individuals with developmental disabilities. These events took place on the last Monday of every month.

Sex Education for Adults and Teens conducted by IRC Training and Development Unit, provided important information for families, caregivers, and Clients.

Purchase of Service (POS) Public Input Meeting, February 15, 2023. This was our first in-person event of the year. Clients, their families, community-based organizations, and stakeholders had the opportunity to provide feedback openly about the data on the Purchase of Services. This feedback will allow IRC to review the information and continue our pursuit to improve services.

Online Safety & Safe Social Media for IRC Clients, February 22, 2023. In this event hosted by a community partner, attendees learned about online safety, bullying, and how to communicate when someone experiences it or happens to others.

Our very own ACCESS Podcast is almost ready for release. The purpose of our podcast is to provide information, resources, and educational content for our community, we created Access Podcast. Our first episode is almost ready, and you'll learn more about it through our social media channels soon.

Inland Regional Continues Hiring Staff. As our Client's needs grow, our organization is also growing to address issues with caseload ratios. Stay tuned for more important news coming soon!



Do you have a public event, conference, or resource you wish to reach a broader audience?

Send it our way and it may be featured in our digital calendar of events!



Check Out Our **GENERAL GUIDELINES**

1

Requests by outside agencies must be relevant to IRC

IRC's digital communications' primary function is to promote IRC's mission, message, and brand. Events or resources must be deemed relevant by IRC's Web Team and have approval from the Community Engagement Manager.

2

Send requests 30 days prior to the event

To ensure sufficient time for review, approval, and distribution, we only accept requests at least 30 days prior to the event's date.

3

Requests must be sent to community@inlandrc.org only

We only accept post requests through our Community Engagement Unit's email contact. Any requests sent through social media channels will not be accepted.

4

Make sure to include all details of the event/conference

Please make sure to include all relevant details of the event such as date, time, location, and contact information.

5

Send graphic/flyers in both English and Spanish

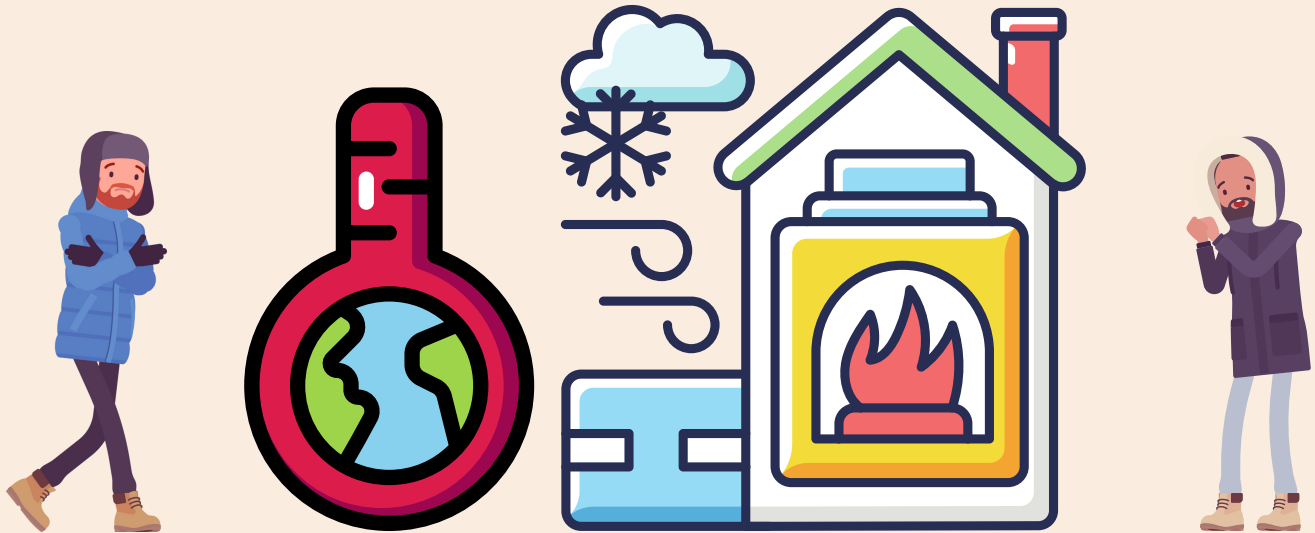
We ask for Spanish and English materials. All marketing material should be culturally sensitive and must promote inclusion of all ethnicities, race, and gender.

FOR MORE INFORMATION, CHECK OUR DIGITAL COMMUNICATION POLICY AT:

www.inlandrc.org/wp-content/uploads/2021/12/Digital-Communications-Policy-Update-2022.pdf



Warm Centers in Your Area

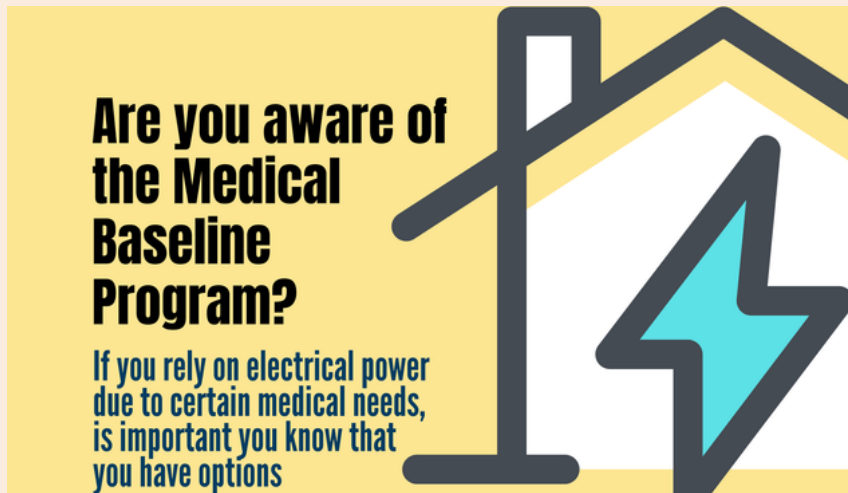


To find the closest warm center in your County, please follow the links below

Riverside County: www.capriverside.org/Cool-Centers

San Bernardino County: <https://bit.ly/3Ti4laQ>

Medical Baseline Allowance Program



**Are you aware of
the Medical
Baseline
Program?**

If you rely on electrical power
due to certain medical needs,
is important you know that
you have options

Medical Baseline Allowance Program: <http://ow.ly/fwks50KCQc8>

ADDITIONAL RESOURCES

Flex Alerts: <http://ow.ly/4Gxf50KCR6q>

PSPS: <https://www.sce.com/wildfire/psps>



DID YOU KNOW

That at Inland Regional Center we have an Emergency Services Coordinator (ESC)?

The Southern California area experiences wildfires, high wind events, and power outages year-round. Our I/DD Community needed a better way to stay informed, safe, and prepared. DDS provided funding to address this issue.

HOW DOES AN ESC HELP?

1

PREPARATION

Preparing IRC staff, vendors, clients, and families for any disaster and/or emergency, both natural and man-made.

2

PROVIDING INFORMATION

Keeping our I/DD Community informed, safe, and prepared about potential risks and natural or man-made disasters.

3

COOPERATION WITH OTHER REGIONAL CENTERS

Providing mutual aid and assistance to other Regional Centers.

4

MULTI-AGENCY

Serving as a liaison between all twenty-one Regional Centers, local and state agencies, and other local responding agencies.

5

COLLABORATION

Collaborating with local utility companies to prepare for planned outage/shutoff that may impact IRC clients.



DO YOU HAVE ANY QUESTIONS ABOUT OUR EMERGENCY SERVICES EFFORTS?

EMAIL US AT COMMUNITY@INLANDRC.ORG.



DO YOU WANT TO STAY INFORMED ABOUT

UPCOMING EVENTS?

CHECK OUR DIGITAL CALENDAR!

www.inlandrc.org/calendar

Are you new to Inland Regional Center



Join us for an Orientation!

**FOR FAMILIES FOUND ELIGIBLE FOR REGIONAL
CENTER SERVICES**

IRC welcomes all to come to the training to learn more (or refresh what you know) about IRC. During the training organized by IRC Training and Development, families will hear a brief history of the regional center system and an overview of how case managers provide services to individuals with developmental disabilities. There will be a time for questions at the end should a family have a personal or detailed question for the trainer. New Parent Orientation will be provided via Zoom on March 27, 2023. The training will be held from 5:00 pm-7:00 pm. You will need to access the training using Zoom on a computer, a smartphone, or a tablet. Questions? Contact Sarah Hartsell at shartsell@inlandrc.org or Ruth Armstead at rarmstead@inlandrc.org.



ART CLASS



WITH FANIA!

In-Roads
Creative Programs, Inc.



Every Third Tuesday

6:00 PM - 7:30 PM
(Via ZOOM)

Link provided upon registration.

Contact Fania Pena
to register. Supplies are limited.

Email: asl@inlandrc.org

V/VP: (909) 332-3639

Art supplies will be provided and mailed. For IRC Clients Ages 16+

IRC★CAC



Hangout From Home

4th Thursday of Every Month, from 5:00 to 6:30 PM

Make friends, learn a little, laugh a lot. A **fun-tastic** social group for IRC Clients.

Members of the IRC CAC will get together to catch-up, ask questions, and hangout in a virtual meeting.



Hosted by:
Stephen Donahue
IRC Consumer Advocate

**Join this virtual meeting by
emailing cac@inlandrc.org**

The IRC Client Advisory Committee is a social and advocacy group for IRC clients ages 16 and older.



CREANDO LIDERAZGO ENTRE PADRES

Los talleres para familias del **Centro Regional** comienzan en **Marzo 2023** en **Español**. 4 sesiones semanales los **Martes** por Zoom.

| | | |
|-----------|----------------------------------|---|
| Sesión 1: | Marzo 07, 2023 6:00 - 8:00 PM | Alcanzando Un Mejor Futuro Para Mi Hijo. |
| Sesión 2: | Marzo 14, 2023 6:00 - 8:00 PM | El Padre, El Mejor Abogado. |
| Sesión 3: | Marzo 21, 2023 6:00 - 8:00 PM | El Poder De Estar Informado: Servicios Y Recursos. |
| Sesión 4: | Marzo 28, 2023 6:00 - 8:00 PM | Aplicando Mis Nuevas Habilidades De Liderazgo |

GRATIS Y EN ESPAÑOL
¡REGÍSTRESE HOY!



Escanéame

VICTOR: 323-528-6727

vcampos@familiasfirst.com

www.clapworkshop.com





Chasing 7
Dreams

Pamper my Baby

NEW PROGRAM FOR
BABIES 0-4 YEARS OLD

9500 Cleveland Ave | Rancho Cucamonga, CA 91730

Please park in Lot F

March 8, 2023

9:00 a.m. to 1:00 p.m.

An educational program providing support, resources, and advocacy for healthy child development which promotes a child's social/emotional, physical and cognitive growth.

PLEASE REGISTER ON OUR WEBSITE SPACES ARE LIMITED.

Free diapers and developmental toys provided for your child.

For questions please contact us

INFO@CHASING7DREAMS.ORG



IRC BOARD MEETING



**ORGANIZED BY IRC
BOARD OF TRUSTEES**

Everyone is welcome to attend IRC board meetings. They are held on the second Monday of every odd month. Public comments may be submitted prior to the event using this online form <https://inlandrc.seamlessdocs.com/f/BoardComment>

This meeting will be conducted virtually due to COVID-19 and recommendations to avoid large public gatherings. The live session can be found at:

inlandrc.org/live

MONDAY, MARCH 13, 2023

5:00-6:00 PM



TOPICS

KEY ISSUES RELATING TO THE AGENCY
AND ITS SERVICES.

IRC Training and Development Unit

Sex Education For Adults and Teens

For Adult IRC Clients (Ages 18+)
and Teenage Clients (Ages 13-18)

How To Talk To Your Children About Sex
Parents and Caregivers

March 13, 2023 5-7 PM

Meetings take place on **Zoom**.

Topics:

Human Anatomy

Sex and Sexuality

Setting Boundaries

Healthy Relationships

Appropriate Behavior

Please contact Saray Sy
at ssy@inlandrc.org or
(909) 890-3449 to register.



**Spanish translation will be
available upon request only.**



A graphic of three white bowling pins and a blue bowling ball, set against a red and yellow starburst background.

IRC PRESENTS

BOWLING *Night*

FOR DEAF+ IRC CLIENTS, FAMILIES, & CAREGIVERS



RSVP BY
**MARCH
17**

WEDNESDAY
MARCH 22, 2023
5:00-7:00 PM
FREE FOR IRC CLIENTS!
(ALL OTHERS ADDITIONAL COST)

BOWLING & AMUSEMENT
ROUND1

ROUND1 - MORENO VALLEY
22500 TOWN CIR. STE 2030
MORENO VALLEY, CA 92553

SPACE IS LIMITED! EMAIL FANIA AT ASL@INLANDRC.ORG
OR CALL (909) 332-3639 TO RSVP BY FRIDAY, MARCH 17.



BOARD MEETING

IRC'S CLIENT ADVISORY COMMITTEE WILL BE HAVING A BOARD MEETING TO DISCUSS COMMITTEE BUSINESS AND PLAN UPCOMING CAC EVENTS. WE'D LOVE TO HEAD FROM YOU!



MARCH 27, 2023
5:30 - 7:00 PM

Join us! No RSVP required.

Email community@inlandrc.org
to request ASL Interpretation.



IRC CONFERENCE CENTER
1425 SOUTH WATERMAN AVE
SAN BERNARDINO, CA 92408

**THE CLIENT ADVISORY COMMITTEE IS A SOCIAL AND ADVOCACY
GROUP FOR IRC CLIENTS AGES 16 AND OLDER.**

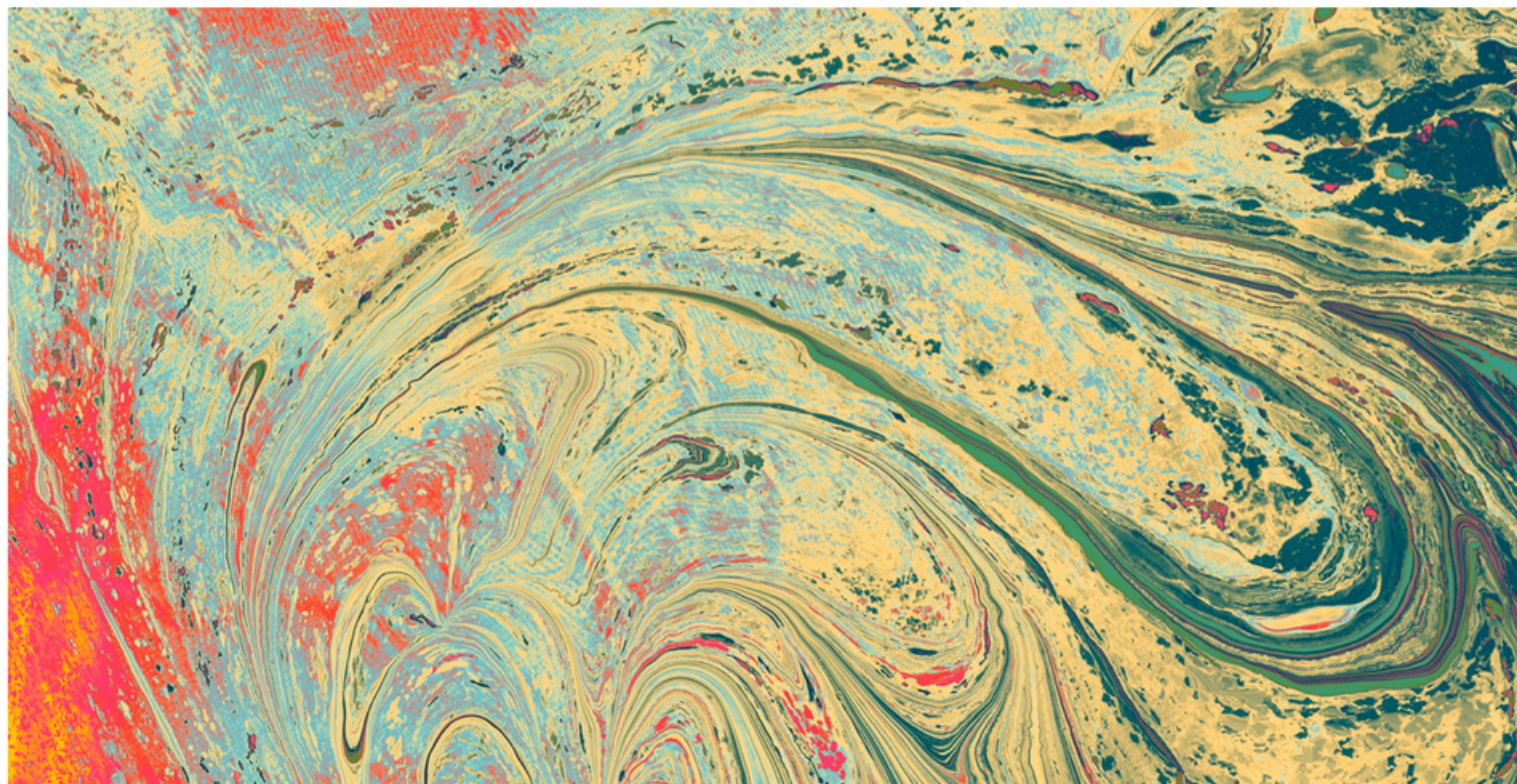
ART SHOW

MARCH
30TH 2023

JOIN US TO CELEBRATE
THE WORK OF EXCEED
PROGRAM PARTICIPANTS
FROM THE "ART IN THE
PARK" SESSIONS!

HEMET PUBLIC LIBRARY
300 E. LATHAM ST.
HEMET, CA 92543

3:30-6:30PM



Presented by

Title Sponsor

Food & Beverage Sponsor



THE EXCEED "ART IN THE PARK" SESSIONS ARE SPONSORED BY THE CITY OF HEMET,
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM

INLAND REGIONAL CENTER
SERVICE ACCESS AND
EQUITY CONFERENCE



SATURDAY APRIL 1, 2023
RANCHO CUCAMONGA, CA

SERVICE ACCESS AND EQUITY CONFERENCE 2023

A CONFERENCE FOR IRC PARENTS, GUARDIANS, AND CLIENTS AGES 16 AND OLDER

FREE ADMISSION

REGISTER TODAY! SPACE IS LIMITED

PRESENTATIONS WILL FOCUS ON:

CONSUMER EMPLOYMENT, SOCIAL RECREATION,

RESPIRE, SELF-DETERMINATION, AND MORE!



ASL Interpretation
will be provided.



FEATURING KEYNOTE SPEAKER:

FELIPE GARCIA

DIRECTOR - CHILDREN AND TRANSITION SERVICES, IRC

APRIL 1, 2023

9:00AM - 2:00PM

EVENT CHECK-IN BEGINS AT 8:30AM

CONTINENTAL BREAKFAST AND LIGHT LUNCH WILL BE PROVIDED

REGISTER AT:

INLANDRC.ORG/SAE23

CONFERENCE MADE POSSIBLE BY THE FOLLOWING:



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Creative Programs, Inc.



24hour
home care®



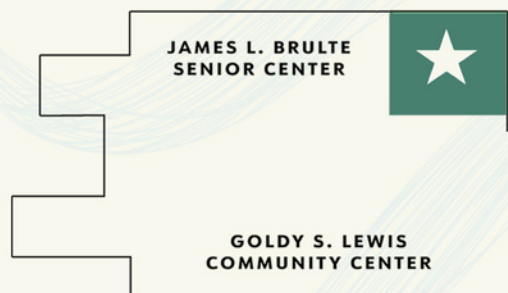
JAMES L. BRULTE SENIOR CENTER

11200 BASELINE ROAD

RANCHO CUCAMONGA, CA 91701

VENUE INFO: (909) 477-2782

FREE EVENT PARKING HERE



MILLIKEN AVE

BASELINE ROAD



GENESIS INSPIRATION FOUNDATION



COLOR THE SPECTRUM

Autism Art Festival

Learn
More



Sunday
April 2, 2023
10 am - 1 pm



Autism Society
Inland Empire

Free! Family-friendly art festival for the Autism and intellectual/developmental disability community to celebrate Autism Acceptance.

**Rancho Mirage
Community Park
71560 San Jacinto Dr
Rancho Mirage, CA 92270**



2ND ANNUAL
SPECIAL EDUCATION
PARENT INFORMATION AND RESOURCE NIGHT

WE WANT YOU!
**AN OPPORTUNITY TO REACH &
INFORM PARENTS**

WHAT: A Special Education Resource Night for students
aged 11-22 years

WHO: Resource/Service Providers who have information
that would be beneficial to students in Life Skills Programs

WHEN: Wednesday, April 14, 2023 5:30PM-7:00PM

WHERE: PROJECT TEAM

6666 School Circle Drive

Riverside, CA 92506

INTENDED AUDIENCE: All RUSD Middle School, High
School and Project T.E.A.M. Life Skills students and their
families will be invited to attend



TO SIGN UP OR ASK QUESTIONS
PLEASE CONTACT LAURA WILLIAMS
LWILLIAMS@RUSD.K12.CA.US
(951) 328-2522 EXT 68404



USE THE QR CODE TO SIGN UP AS A VENDOR AT THE EVENT!

Virtudes Especiales

Un Grupo de Apoyo para Padres

18 DE ABRIL 2023
10:00 AM – 12:00 PM



TEMA:

SEGURIDAD DE INGRESO
SUPLEMENTARIO (SSI)
SESIÓN DE PREGUNTAS Y
RESPUESTAS

Presentado por:

LISA NAVARRO

Disability Rights California

Reuniones serán trimestrales.

¡Acompáñenos por Zoom!

Meeting ID: 875 923 8365

Passcode: g55CDP



Para más información,
mande un correo electrónico a:
community@inlandrc.org

Virtudes Especiales

Un Grupo de Apoyo para Padres

Para más información,
mande un correo electrónico a:
community@inlandrc.org



2023

17 DE ENERO | 10 AM-12PM

¿QUE SON LOS CENTROS REGIONALES?
SOBRE LA COMPRA DE SERVICIOS

PRESENTADOR:
MARTIN MORALES, IRC

18 DE ABRIL | 10 AM-12PM

SEGURIDAD DE INGRESO SUPLEMENTARIO (SSI)
SESIÓN DE PREGUNTAS Y RESPUESTAS

PRESENTADOR:
DISABILITY RIGHTS CALIFORNIA

19 DE JULIO | 10 AM-12PM

EMPLEO Y TRANSICIÓN

PRESENTADORES:
BETH CRANE AND ANDREW BURDICK, IRC

18 DE OCTUBRE | 10 AM-12PM

ALTERNATIVAS A LA TUTELA

PRESENTADOR:
DISABILITY RIGHTS CALIFORNIA



IRC★CAC

Coffee Night



Monday, April 24, 2023
5:00 - 7:00 PM

FREE COFFEE/BEVERAGE FOR THE FIRST 10 IRC CLIENTS!



CAC MEETING

Enjoy a fun night with
friends and help plan
upcoming CAC Activities!

MOLINO'S COFFEE

3660 Mission Inn Avenue
Riverside, CA 92501



1-1 SPECIALISED TUTORING FOR STUDENTS



**SOME OF THE SUBJECTS
WE OFFER TUTORING FOR
INCLUDE:**

Math
Algebra
Geometry
Pre-Calculus
Calculus
English
Reading
Phonics
Writing
Essays
Science
Chemistry
Physics
Reading Specialist
Speech Therapy
Behavioral Analysis
Educational Therapy
Executive Functioning
Special Education
& Much More!

TAILORED FOR STUDENTS

- 1-1 Tutoring for all subjects & levels: Pre-K-12
- Expert tutors with prestigious backgrounds who specialize in working with special needs students.
- Familiarity with the IEP (individualized education plan) process, goal setting, and progress monitoring in academic and social-emotional areas.
- Collaboration with school psychologists, reading specialists, behavior interventionists, and other teachers.
- Available for all Ages!



Tutor Me
Education

REACH OUT TO YOUR SERVICE COORDINATOR TODAY TO GET STARTED!

To request a tutor, scan the QR Code or sign up at :
<https://tutormeeducation.com/inland-rc/>





1-1 TUTORÍA PARA ESTUDIANTES



ALGUNAS DE LAS MATERIAS EN LAS QUE OFRECEMOS TUTORÍA

Matemáticas

Álgebra

Geometría

Precálculo

Cálculo

inglés

Lectura

Fónica

Escritura

Ensayos

Ciencias

Química

Física

Ciencias de la vida

Biología

Examen de preparación GED

SAT / ACT Exámenes AP &

¡Mucho más!

A QUÉ TIENE ACCESO:

- Tutoría para Matemáticas, inglés, español, Ciencias, SAT, ACT y mucho más.
- Potente plataforma en línea. Pizarra interactiva, documentos compartidos y grabación de sesiones.
- Evaluaciones basadas en los estándares estatales de California.
- Notas de la sesión después de cada lección.
- Colaboración con profesores e instructores.
- Disponible para todas las edades



Tutor Me
Educ^Ation

COMUNÍQUESE CON SU COORDINADOR DE SERVICIOS HOY PARA COMENZAR

To request a tutor, scan the QR Code or sign up at :
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- 熟悉IEP(个人教育计划)的过程，目标设定，和进度监督课程和社会情感领域
- 与学校心理学，阅读专家，行为干预者，和其他老师合作。



Tutor Me
Education

想要申请一个补习老师，扫描二维码或者在链接注册：

<https://tutormeeducation.com/inland-rc/>



DO YOU HAVE STORIES TO SHARE WITH US?

Contact us at community@inlandrc.org

INLAND REGIONAL CENTER, COMMUNITY ENGAGEMENT



 **WHAT'S
YOUR
STORY?**



I N C L U S I O N



Inland Regional Center

www.inlandrc.org



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