

What is Self Determination?

Inland Regional Center

The Self Determination Program (SDP) allows participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs.

- ⇒ SDP is a voluntary program.
- ⇒ If you are interested in transitioning to the SDP, contact your service coordinator and sign up for an orientation.
- ⇒ Optional preparation can include working with an Independent Facilitator and the development of a Person-Centered Plan (PCP).
- ⇒ Person-Centered Planning is about the individual's future and reaching their goals.
- ⇒ The individual budget amount can be utilized for needed services and supports over the next 12 months.
- ⇒ You must select a Financial Management Service (FMS) and model.
- ⇒ Develop a Spending Plan with services and supports to implement the IPP.

[Clients/Families | Inland Regional Center \(inlandrc.org\)](http://inlandrc.org)

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Serving Individuals with Developmental Disabilities in San Bernardino and Riverside Counties