



INLAND REGIONAL CENTER

...valuing independence, inclusion and empowerment

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CONFIDENTIAL CONSUMER INFORMATION
See California *Welfare and Institutions Code* § 4514

April 17, 2024

[Name]
[Street]
[City, State Zip]
[Email address if sending via email]

[Last, First]
UCI: [UCI]
DOB: [DOB]

RE: SOCIAL RECREATION

Dear ~:

Effective July 1, 2022, the Legislature reinstated social recreation services, which were previously prohibited by *Welfare and Institutions Code (WIC)* § 4648.5 during the state budget crisis. More recently, the Legislature added *WIC* § 4688.22, further promoting the full inclusion and independence of individuals with developmental disabilities, including through opportunities for recreation based on the consumers' needs, interests and goals identified in the Individual Program Plan (IPP).

Inland Regional Center (IRC) has implemented a program with Elevate, a Financial Management Service, to provide funding for participation in integrated social recreation activities. Coaching is also available to provide support, when needed, to access these services.

IRC will no longer fund any non-allowable services approved by the Federal Centers for Medicare and Medicaid Services when those services are not available through other funding sources such as school districts, Medi-Cal and In-Home Supportive Services. Purely recreational activities that do not meet the disability-related needs of the participants and/or their IPP goals and outcomes are prohibited in Federal Waiver Programs. Examples of allowable and non-allowable services are enclosed for your reference.

We appreciate your patience as we continue to work on items related to the reinstatement of the social recreation services. We will keep you updated as information is made available to us.

Respectfully,

[Name]
[Title]

Encl: Examples of Allowable and Non-Allowable Activities

Cc: Client File

Guidelines re: Allowable and Unallowable Social Recreation Activities

Inland Regional Center (IRC) recently hosted focus groups to further define the social recreation program activities that are allowable and unallowable under the Department of Developmental Services (DDS) and federal Medicaid rules. As result, we have created a list to help define the program activities. It is a non-exclusive list that is meant to guide and further define regional center funded services.

Allowable outings are defined as either a sport or other recreational activity, where the individual is actively engaged. Unallowable outings are defined as entertainment. The client must be an active participant and not just an observer.

An example is that we can pay for a client to join a soccer team, but we cannot pay for them to be a spectator at a live game. We can pay for them to go to an interactive museum (Science and Industry or a Children's Museum) but not to an art gallery to view art.

Allowable – Sports and recreational activities

Gym and fitness classes or memberships

Martial Arts

All sporting activities – equipment and uniforms as necessary

Park entrances (Federal, State, County)

Hiking/biking

1:1 service to include private lessons like driver's training, music and singing lessons

Art classes and associated materials

Dance lessons

Go-karts

Trampoline parks

Laser Tag

Arcades to include coin operated and virtual reality

Escape Rooms

Ziplining

Miniature golf

Bowling

School social events – Grad night, prom, dances

Unallowable – Entertainment etc.

Theme parks and all things related like meals and souvenirs. Includes Disneyland, Knotts Berry Farms, Universal Studios, Legoland, Aquariums, Zoos, etc.

Out of state activities, unless agreed to by the Planning Team (clients near state borders)

Casinos

Sporting events

Movies and theater

Clothing

Groceries

Meals out in the community

Birthday parties

Haircuts, Manicures, Pedicures, etc.